

THE ARKANSAS ULTRA RUNNER

August 2017

THE NEWSLETTER FOR MEMBERS OF THE
ARKANSAS ULTRA RUNNING ASSOCIATION
AURA WEBSITE:runarkansas.com

Message From President George Peterka



The 2017-2018 UTS series kicked off with the Full Moon 50K. On a hot and humid night we had 135 50K finishers and 256 25K finishers. A big thanks to Susy Chandler for directing it and to all the volunteers.

The UTS race schedule is pretty much set for next year. We have 71 people registered for the UTS and Robert PoDog Vogler is the new UTS coordinator. He replaced Deb Baker when she moved to Utah. If anyone wishes to sign up for UTS you need to do that before running a race to receive points.

Also please check if your AURA registration has expired. Registrations expire on June 30. Go to <http://www.runarkansas.com/AURAmembers.htm>. If your name is red then your registration has expired. Please renew now. Please share this information with anyone who might be new to the trail running community.

The Hot Springs National Park Trail Run has been moved to the fall. In the spring there are too many races. It will be Saturday October 28th, 3 weeks after the Traveller. See info at <http://www.runarkansas.com/HSSunsetTrail.htm>.

Brady Paddock has retired from directing the Athens Big Fork Trail Marathon and Stacey Shaver has agreed direct it and Tina Ho will co-direct. I wish to thank Brady for directing it for 3 years and a big thanks to Stacey and Tina for taking it on!!! We still don't have a date set but it will happen sometime next year.

We are going to start an AURA Hall of Fame to recognize outstanding achievement in running and also in service to the running community. We don't have all the details worked out yet but we plan induct individuals and give them an award and/or free lifetime AURA membership. That's about all I have for now. I hope everyone's training for the Traveller is going well.



27th Annual

Arkansas Traveller 100

Ouachita National Forest - Arkansas

October 7-8, 2017

*Good Time
Running!*

Location: The start, finish, and race festivities will be at historic Camp Ouachita, near Williams Junction. Getting there: You should be able to find Williams Junction, AR on most maps; it is approximately 30 miles west of Little Rock on Hwy 10, or 20 miles south of Morrilton on Hwy 9. You will see signs as you enter the community that you are in Harmony. To get to the race site from Williams Junction, go north on Hwy 10/9 for a mile and a half, then take Hwy 324 and follow for about three miles. If an address is needed for GPS, it is: 618 Hwy 324 South, Perryville, AR 72126

Important information for parking near Camp Ouachita on race weekend: Runners and crews must park along Hwy 324 on the WEST SIDE Only. This is the side of the road opposite Camp Ouachita. Parking on one side is a requirement of the US Forest Service, and they will write tickets to violators.

Other Camp Ouachita guidelines: Please note that dogs are NOT allowed inside the great hall. Also, no camping is allowed on the grounds at Camp Ouachita. The campground at Lake Sylvia will be open on race weekend. It is about one mile from Camp Ouachita.

Event Schedule:

Friday - October 6th

Noon - 3:15 pm Pre-race packet pickup and weigh-in
3:30 pm Welcome; Runners and crew briefing (Mandatory)
4:30 pm Spaghetti Dinner

Saturday - October 7th

5:30 am All runners check in at race headquarters
5:50 am Begin assembling at starting line
6:00 am (Prompt) Race Start!

Sunday - October 8th

7:00 am (approx) - noon Breakfast is served
12:00 noon Race ends
12:30 pm Race awards

Volunteers Needed: We could still use some volunteers. Especially for set up before the race and clean up after. Please consider volunteering. Pass this along to anyone you think might be interested. Thank You!

For More Information:

[Race Website](#)

[Link to Download Runner Packet](#)

[Runner Information Link](#)

ArkansasTraveller100@gmail.com /Race Director Thomas Chapin



It is NOT TOO LATE to register for the Ultra Trail Series! Spread the word, sign up, and come join us for fun on the trails! You won't find many trail series this cheap, with so many free events, yet still with amazing aid stations and volunteers!

2017-2018 UTS Calendar

NOTE: Due to weather and other uncontrollable forces, the following schedule is subject to changes.

Date	Event	Location	
7/22/17	Full mOOn 50K results	Perryville map	UTS race #1 (50K only)
08/27/17	Mt. Nebo Trail Run (14 miles +/-) results	Dardanelle map	UTS race #2 - Fun Run
10/07/17	Arkansas Traveller 100	Perryville map	UTS race #3
10/28/17	Hot Springs N.P. Trail Run (18 miles +/-)	Hot Springs N. P. map	UTS race #4 - Fun Run
11/11/17	Sweet Spot 50K	Russellville map	UTS race #5 - Fun Run
11/24-25/17	Sunset 6/12/24 Hr Endurance Run	Benton map	UTS race #6 - Fun Run
12/02/17	Lake Ouachita Vista Trail Marathon	Mt. Ida map	UTS race #7 - Fun Run
01/14/18	Swampstomper 50K	Millington, TN map	UTS race # (50K only)
02/03/18	White Rock Classic 50K	Cass map	UTS race # - Fun Run
02/24/18	LOVIT 100K	Hot Springs map	UTS race # See note if running 100 miles.
??/??/??	???Styx n' Stones Trail Run 30K	Devil's Den S. P. map	UTS race # - Fun Run
??/??/??	???Athens Big Fork Trail Marathon	Big Fork map Warning	UTS race # - Fun Run
4/15/2017 - 4/15/2018	Runner's Choice Marathon (26.2 miles) Results Due by April 15th		UTS race #
04/21/18	Ouachita Trail 50K/50M	Little Rock map	UTS race #
05/12/18	Mt. Magazine Trail Run (18 miles +/-)	Mt. Magazine S.P. map	UTS race # - Fun Run
05/19/18	Catsmacker Fun Run (21 miles +/-)	Lake Sylvia map	Fun run - NO POINTS UTS awards ceremony afterwards

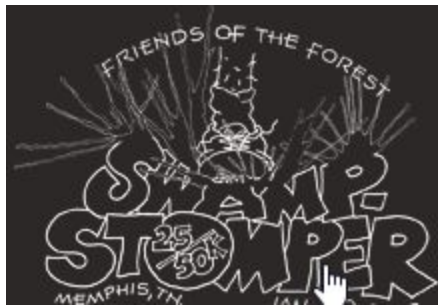
Hot Springs Nat. Pk. Trail Run



18 Mile Trail Run In Hot Springs National Park Saturday, October 28, 2017

Race Information:

- Registration is required.
- We ask if you registered but will not come, please un-register (or contact us) so we don't waste a slot.
- Registration is free. There will be a donation can since the permit cost us \$707.
- 7:00-7:45 AM Runner check in at Fat Jack's Oyster Sports Bar & Grill, 101 Central Ave, Hot Springs, AR 71901
- 7:45 AM Mandatory pre-race briefing
- 7:55 AM Runners walk across Central Avenue and assemble at the Canyon Trailhead next to the Mountain Valley Water building
- 8:00 AM Race Start
- Runners must remain on trails at all time. Bushwhacking is not allowed.
- Runners must run in single file and pass only when there is room.
- Runners must be courteous and yield right of way to other trail users. The trail is used by hikers, tourists and even horse riders. We do not have exclusive use of the trails. The National Park was kind enough to allow this race to be held provided we do not interfere with other users of the trail.
- If you come upon a horse, do not startle it. Make sure the horse & rider know you are there before you get too close.
- If nature calls, make sure you leave no trace.
- You will be crossing several roads. Use caution. Stop and look both ways.
- The last 1/4 mile is on sidewalks down Fountain St. and up Central Ave. Use caution. The finish is at Fat Jack's.
- If you are new to the area we recommend that you familiarize yourself with the course beforehand. We will provide maps. See course map [Google Map.](#) and [Park Trails Map](#)
- We recommend you carry a phone. Cell coverage is good. George Peterka RD 501-282-8090, Park Ranger 501-620-6739 or 911.
- This is a strenuous run on technical trails. Be sure you are properly trained. Carry plenty of water.
- There will be 2 manned aid stations at roughly mile 6 (Blacksnake Rd.) and 12 (Stonebridge Rd).
- Race Directors: Brady Paddock 903-276-0928 and George Peterka 501-282-8090.
- Links: [Race Info Page/Registration](#) [Hot Springs National Park](#)



Help Is Needed To Make The Race Happen This Year

James, the race director, due to recent on-going family issues is in need of significant help to ensure this race takes place. He has already secured a date with the Shelby Forest for Sunday, January 14, 2018 to have the use of the Nature Center.

He is looking for someone (or 2 or 3) who would be able to coordinate the race. He is also looking for a few people who can take on larger roles (i.e., coordinating course marking, aid station supplies, race set up/break down, etc). If you or someone you know that would be willing, please have them contact James at swampstomper50k@gmail.com

He thanks you for your continued support of Swampstomper. This race could not take place without you and many of you who have been involved with this race since the start in 2006. This race is 100% not for profit for Friends of the Forest and Shelby Forest relies on this funding for projects/improvements which the state of TN does not fund.

FULL Moon Photos



Thank You To All Who Gave Up Your Night to Volunteer



More Fun at the Full Moon

Thank you Joe Jacobs with Arkansas Outside and Ronnie Daniel for this years race photos



Save The Date For More Full Moon Fun

July 21, 2018

Registration Opens January 1, 2018

Full Moon Race Results

50K

Place	Name▼	City▼	Sex▼	Age▼	Time
1	Tomas Moreno	Longview, TX	M	34	4:12:46
2	Daniel Arnold	Benton	M	32	4:34:08
3	Caleb Ault	Maumelle	M	30	4:44:25
4	Shawn Sellers	Benton	M	32	5:03:55
5	Stan Ferguson	Maumelle	M	53	5:04:35
6	John Nobles	Tulsa, OK	M	32	5:07:13
7	Aaron Dickens	Van Buren	M	36	5:10:32
8	David Theriot	Sand Springs, OK	M	42	5:12:44
9	Marc Gill	N. Little Rock	M	40	5:23:24
10	Brian Rickard	Fayetteville	M	34	5:26:47
11	Bee Wilkerson	Russellville	F	27	5:29:27
12	Stewart Gray	Little Rock	M	24	5:29:46
13	Jeremy Huxol	Joplin, MO	M	34	5:35:17
14	Shane Poland	Vilonia	M	33	5:38:35
15	Geoff Hanley	Tulsa, OK	M	41	5:40:28
16	Ian Rogers	Little Rock	M	23	5:40:56
17	Kelli Schulte	Littleton, CO	F	33	5:41:01
18	Tonya Weaver	Fayetteville	F	50	5:47:24
19	John Haddock	Springdale	M	51	5:49:40
20	Carrie McAdam Marx	Salt Lake City, UT	F	52	5:51:09
21	Lori Foringer	Dayton, OH	F	44	5:52:33
22	Kevin Golden	Maumelle	M	50	5:52:42
23	Donja Reel	Little Rock	F	29	5:52:43
24	Lisa Mobley	Fayetteville	F	43	5:52:52
25	Chad Payne	Harrison	M	38	5:53:46
26	Conor Hayden	Memphis, TN	M	38	5:54:17
27	Brandon Ellis	Heber Springs	M	36	6:03:20
28	Erich Washausen	Prairie Grove	M	27	6:08:10
29	Paul Turner	Conway	M	54	6:08:20
30	Shelley Sparks	Farmerville, LA	F	45	6:08:32
31	Elizabeth Kimble	Little Rock	F	31	6:10:13
32	Bill Coffelt	Bentonville	M	57	6:10:28
33	Chris Wear	Fort Smith	M	40	6:12:57
34	Jonny Digby	Little Rock	M	34	6:15:05
35	Michelle Posey	Little Rock	F	47	6:16:31
36	Sarah Berry	Tulsa, OK	F	30	6:18:18
37	Philip Berry	Tulsa, OK	M	33	6:18:19
38	Aaron Baka	Benton	M	25	6:20:31
39	Bryan Cooper	Tupelo, MS	M	49	6:23:55
40	Tabatha Park	Royal	F	49	6:24:20
41	Andrea Knight	Sallisaw, OK	F	36	6:25:43
42	Randy Windle	Hot Springs	M	38	6:30:20
43	Johnny Williams	Collinsville, OK	M	51	6:30:37
44	Eric Rawls	Fayetteville	M	27	6:30:49
45	Sean Coughlan	Little Rock	M	45	6:32:19
46	Mark Lacey	Little Rock	M	52	6:32:23
	Scott Sander	Little Rock	M	48	6:32:23
48	Courtney Munson	Memphis, TN	F	32	6:33:13
49	Mike Clark	Tulsa, OK	M	61	6:33:52
50	Bradley Cothran	West Fork	M	33	6:35:18
51	Chuck Lane	Hot Springs	M	65	6:36:46
	Jason Armitage	Hot Springs	M	44	6:36:46
53	Eva Adamova	Memphis, TN	F	30	6:39:56
54	Paul DeRousseau	Cabot	M	44	6:44:13
55	Scott Suggs	Rogers	M	56	6:47:39
56	Alan Hunnicutt	Berryville	M	63	6:47:44
57	David Allen	Jonesboro	M	43	6:48:25
58	Kelly Henson	Arlington, TN	F	47	6:49:23
59	Jim Tadel	Monticello	M	61	6:55:39
60	Anthony Krone	Bartlett, TN	M	46	7:00:44
	Charles Hurst	Germentown, TN	M	59	7:00:44
62	Kimmy Riley	Mabelvale	F	56	7:02:34
63	Brian Cochran	Farmington	M	46	7:04:31
64	Kimberly Shupe	Bossier City, LA	F	36	7:04:55
65	Laura Kearns	Little Rock	F	34	7:05:58

66	Amanda Regier	Enid, OK	F	37	7:06:07
67	Chelsea Dickens	Van Buren	F	31	7:10:07
68	Justin Cloar	Little Rock	M	45	7:10:27
69	Kurt Hauser	Hot Springs	M	52	7:12:39
70	Kyle Morgan	El Dorado	M	28	7:12:49
71	Abe Nutt	Bella Vista	M	47	7:16:32
72	Ken Myers	Little Rock	M	43	7:20:16
73	Joel Gill	Little Rock	M	38	7:23:20
74	Ryan McGeeney	Little Rock	M	42	7:23:44
75	Daniel Waits	Fayetteville	M	26	7:24:20
76	Hoa Nguyen	Fayetteville	F	45	7:24:27
77	Rolfe Schmidt	Fayetteville	M	44	7:24:28
78	Brian Bailey	Fayetteville	M	40	7:24:35
79	Corbett Sanders	Hot Springs	M	46	7:26:06
80	Michael Hirons	Memphis, TN	M	42	7:27:16
81	Brandon Allen	Little Rock	M	35	7:29:32
82	Derk Pinkerton	Tulsa, OK	M	36	7:29:33
83	Kendell Snyder	Jacksonville	M	55	7:29:37
84	Patrick Barker	Little Rock	M	53	7:30:15
	Tisha Deen	Little Rock	F	35	7:30:15
86	Tina Mitchell	N. Little Rock	F	44	7:30:16
87	Linda Rust	Cedar Park, TX	F	57	7:30:28
88	Kelsey Regan	Benton, LA	F	26	7:31:32
89	Marty Regan	Benton, LA	M	54	7:31:33
90	Sandy Penner	Strafford, MO	F	46	7:33:53
91	Jenni Hawkins	Broken Arrow, OK	F	39	7:33:54
92	Angie Stewart	Fayetteville	F	36	7:35:13
93	Stephen Rush	Jonesboro	M	36	7:39:01
94	Mark Goodson	Magnolia	M	46	7:41:28
95	Will James	Yellville	M	38	7:41:39
96	Missy Ezel	Little Rock	F	44	7:42:30
97	Jack Tucker	Eads, TN	M	62	7:42:55
98	Houston Wolf	Cordova, TN	M	53	7:43:24
99	Jana Graham	Bartlesville, OK	F	56	7:43:57
100	James Kirkley	Doyline, LA	M	48	7:44:35
101	Oliver Sillavan	Fort Smith	M	19	7:46:25
102	Catherine Michelson	Shreveport, LA	F	38	7:46:38
103	Michael Puyear	Shreveport, LA	M	45	7:46:42
104	Tammy Thomas	Bernice, LA	F	41	7:47:21
105	Polly Choate	Tulsa, OK	F	46	7:48:08
106	Kyle Green	Clarksville	M	33	7:51:17
107	Shane Parker	Clarksville	M	44	7:51:18
108	Raymond Etheredge	Bentonville	M	49	7:52:15
109	Brandy Holey	Napoleon, MO	F	38	7:53:11
110	Angel Stegner	Grain Valley, MO	F	40	7:53:12
111	Mike Samuelson	Lakeland, TN	M	51	7:55:49
112	Eunsup Kim	Dallas, TX	M	64	7:59:17
113	George Peterka	Hot Springs	M	57	8:00:52
114	Summer Hinojosa	Springdale	F	32	8:01:17
115	Josh Hinojosa	Springdale	M	35	8:01:18
116	Brian Cockrell	Shreveport, LA	M	41	8:03:31
117	Hobby Chapin	Sheridan	M	38	8:19:01
118	Jim Sweatt	N. Little Rock	M	61	8:19:15
119	Melissa Martin	N. Little Rock	F	53	8:22:11
120	Mark Roth	Sherwood	M	55	8:22:52
121	Tim Wilkinson	Cordova, TN	M	54	8:22:59
122	Lisa Barker	Maumelle	F	31	8:23:00
123	Jennifer Thompson	Texarkana, TX	F	47	8:25:11
124	Charity Shaw	Hot Springs	F	38	8:25:19
125	Bea Mickelson	Hot Springs	F	55	8:27:01
126	Maurice Robinson	Benton	M	75	8:27:04
127	Shawn Barlow	Benton	M	43	8:28:15
128	Darin Sanders	Hot Springs	F	65	8:41:26
129	Angie Orellano-Fisher	Sherwood	F	67	8:41:28
130	Candy Cook	Benton	F	44	8:45:53
131	Scott Smaligo	Tulsa, OK	M	39	8:46:09

132	Eddy Light	Judsonia	M	54	8:47:42
133	Lisa Gunnoe	Judsonia	F	51	8:47:44
134	Johnny Cartwright	Maumelle	M	39	8:55:31
135	Paul Noble	Benton	M	60	9:05:12

Full Moon Race Results

25K

Place	Name	City	Sex	Age	Time
1	Jeremy Provence	Clarksville	M	27	1:49:48
2	Wesley Hunt	Little Rock	M	34	1:57:52
3	Ben Putman	Fayetteville	M	29	2:08:45
4	Jose Monsivais	Longview, TX	M	38	2:10:19
5	Bill Simpson	Little Rock	M	35	2:14:32
6	Edward Walker	Little Rock	M	47	2:17:08
7	Joel Fletcher	Little Rock	M	34	2:19:54
8	Christopher Berry	Little Rock	M	31	2:19:57
9	Jeffrey Grove	Little Rock	M	33	2:20:37
10	Zach Collette	Osark, MO	M	22	2:22:21
11	Tommy Griffin	Mountainburg	M	34	2:23:36
12	Drew Conner	Fayetteville	M	31	2:23:49
13	Chase Skelton	Fayetteville	M	25	2:24:18
14	Megan Brockman	Springfield, MO	F	30	2:24:44
15	Joey Gieringer	Pine Bluff	M	37	2:28:03
16	Hunter Bridges	Little Rock	M	37	2:29:15
17	Ruben Juanillo	Russellville	M	23	2:31:41
18	Colin Hall	Little Rock	M	41	2:33:15
19	Nick Tucker	Van Buren	M	36	2:33:32
20	Leslie Stelpflug	Tatum, TX	F	41	2:33:40
21	Jonathan Dorris	Batesville	M	36	2:38:53
22	Cody Sanderson	Booneville	M	29	2:40:29
23	Matthew Brozak	Little Rock	M	31	2:40:36
24	Chris Insell	Searcy	M	38	2:41:46
25	Nicole Hobbs	Little Rock	F	32	2:42:05
26	David Joseph	Fayetteville	M	26	2:42:49
27	ROBERT HARRELL	Cabot	M	51	2:43:10
28	James Dougan	Bella Vista	M	39	2:45:06
29	Samantha Corral	Fayetteville	F	25	2:45:38
30	Nathaniel Lewellen	Paron	M	31	2:46:13
31	Kayla Rose	Little Rock	F	29	2:46:43
32	Erin Lytle	Little Rock	F	37	2:49:11
33	Danny Harrington	Little Rock	M	27	2:52:19
34	Jason Herring	Little Rock	M	27	2:52:54
35	Lauren Ross	Fayetteville	F	25	2:53:10
	AnneMarie Prestipino	Dallas, TX	F	25	2:53:10
37	Rudy Martinez	Nixa, MO	M	49	2:55:21
38	Cristie Turner	Little Rock	F	36	2:56:24
39	Tracy Monsivais	Longview, TX	F	37	2:57:11
40	Julie Moreno	Longview, TX	F	33	2:57:47
41	Grady McMahan	Batesville	M	42	2:58:43
42	Charles Doiron	Sherwood	M	34	3:03:09
	Charles Doiron	Sherwood	F	33	3:03:09
44	Josh Stewart	Sheridan	M	40	3:03:58
45	LUCINDA BISHOP	Salem	F	35	3:04:48
46	Michael Balfe	El Dorado	M	37	3:05:14
47	Todd Lewellen	Paron	M	55	3:05:32
48	Billy Hrvatin	Royal	M	43	3:06:07
49	Brenden Bishop	Batesville	M	51	3:06:32
50	Jennifer Liles-Dorris	Batesville	F	41	3:07:30
51	John Penner	Strafford, MO	M	47	3:07:32
52	Jeff Mitchell	Nixa, MO	M	36	3:08:39
53	Matthew Jackson	Hot Springs	M	39	3:08:40
54	Craig Mitchell	Van Buren	M	47	3:09:54
55	Christopher Naus	Little Rock	M	31	3:12:11
56	Dave Hochstedler	Hot Springs	M	60	3:12:28
57	Benjamin Buse	Bentonville	M	36	3:13:49
58	Jimmy Hines	Strong	M	58	3:14:05
59	Nathan Logan	N. Little Rock	M	36	3:14:43
60	Mike Murtha	Maumelle	M	49	3:15:48
	John Murtha	Maumelle	M	20	3:15:48
62	Lionel Burnett	Fort Smith	M	56	3:15:56
63	Christy Wells	Benton	F	47	3:18:30
64	Rocio Mendez	Longview, TX	F	41	3:18:33
	Craig Little	Longview, TX	M	37	3:18:33
66	Melanie Mathews	Batesville	F	44	3:18:37

66	Melanie Mathews	Batesville	F	44	3:18:37
67	Trish Hogan	Sherwood	F	50	3:18:58
68	Bradley Hayes	Rudy	M	50	3:19:21
69	Anthony Turner	Fort Smith	M	38	3:19:22
70	Jason Johnson	Pottsville	M	42	3:19:37
71	Kevin Kinder	Fayetteville	M	35	3:20:33
72	Jay Mitchell	Little Rock	M	37	3:20:57
73	Blake Phillips	Little Rock	M	35	3:20:58
74	Elliott James	Fayetteville	M	32	3:21:00
75	Stuart Goudy	Benton	M	45	3:21:21
76	Gwen Hornsey	Coweta, OK	F	39	3:21:53
77	Sandy Freeman	Alma	F	44	3:22:37
78	Heather Bull	Mulberry	F	39	3:22:38
79	Wesley Owens	Fayetteville	M	58	3:23:21
80	Mary Mote	Hot Springs	F	20	3:23:48
81	Jacob Morris	Walnut Grove, MO	M	20	3:25:39
82	Crystal Cossey	Sulphur Rock	F	43	3:25:47
83	Cyber Gieringer	Pine Bluff	F	46	3:26:54
84	Lacey Kelley	Little Rock	F	40	3:27:06
85	Zac Trout	Fayetteville	M	29	3:27:33
86	Charity Ashworth	Conway	F	31	3:29:23
	Katie Gehrki	Fayetteville	F	29	3:29:23
88	Sharon Bennett	Greenbrier	F	40	3:29:41
89	Chris Bosch	Springdale	M	36	3:30:13
90	Katie Terrell	Fayetteville	F	31	3:30:18
91	Derek Goodall	Flippin	M	32	3:30:47
92	Susan Garrett	Little Rock	F	55	3:30:53
93	Kevin Robbins	Mountainburg	M	40	3:31:09
94	Julie Kaylor	Maumelle	F	30	3:31:18
95	Ben Butler	Little Rock	M	37	3:32:01
96	Tom Cheffins	Shirley	M	63	3:33:24
97	Steve George	Danville	M	46	3:34:13
98	Brandon Shelton	Batesville	M	24	3:34:35
99	David Baker	Pangburn	M	54	3:34:46
100	Gates McKnight	Fayetteville	M	55	3:35:13
101	Annette Blanton	Cabot	F	57	3:35:36
102	Brenda Ransom	Lonoke	F	53	3:35:43
103	Jennifer Stone	Viola	F	38	3:36:15
104	Lisa Webb	Sherwood	F	50	3:37:08
105	Chad Everett	N. Little Rock	M	45	3:37:40
106	Sidney Wood	N. Little Rock	M	24	3:38:06
107	Mario Duran	Springdale	M	34	3:38:33
108	Vanessa Stott	Bossier City, LA	F	41	3:38:52
109	Terry Denton	N. Little Rock	M	57	3:39:13
110	Jenn Overmeyer	Tulsa, OK	F	42	3:39:40
111	Amy Hill	Lonoke	F	42	3:39:42
112	Zac Henson	Little Rock	M	37	3:39:43
113	Misty Brown	Little Rock	F	40	3:40:06
114	Phil Brown	Little Rock	M	50	3:40:08
115	Gabrielle Halverson	Cabot	F	48	3:40:33
116	Matt Barnett	Scott	M	39	3:40:53
117	Jennifer Theriot	Sand Springs, OK	F	43	3:42:14
118	Greg Rust	Cedar Park, TX	M	60	3:42:18
119	Tedra Jewell	Salem	F	44	3:42:25
120	Carrie Frazier	Salem	F	43	3:42:26
121	Kim McAllister	Hot Springs	F	44	3:42:49
122	David Winstead	Jacksonville	M	52	3:43:10
123	Ronald Haney	Delight	M	43	3:43:28
124	Anonymous Participant	N. Little Rock	F	41	3:43:35
125	Ashley O'Neill	Little Rock	F	45	3:44:34
126	Jamie White	Little Rock	F	51	3:45:11
127	Bryan Harmon	Hot Springs Village	M	65	3:45:25
128	Jessica Hanley	Tulsa, OK	F	43	3:45:26
129	Richard Barker	Memphis, TN	M	54	3:45:47
130	Stevie Kramer	Germentown, TN	M	63	3:45:48
131	Charles Sellers	Malvern	M	58	3:46:27

Full Moon Race Results

25K

132	Brian Clary	Little Rock	M	38	3:46:42
133	Gustavo Manzanales	Little Rock	M	32	3:47:28
134	Ryan Westin	Maumelle	M	37	3:47:29
135	Heath Grammer	Tulsa, OK	M	42	3:48:16
136	Shauna Veazey	Benton	F	47	3:50:59
137	Karen Hayes	N. Little Rock	F	63	3:51:33
138	Manfred Galatowitsch	Little Rock	M	68	3:51:42
139	Amanda Fitzpatrick	Cabot	F	37	3:51:58
140	Cassie Brown	Fayetteville	F	34	3:52:12
141	Owen Edwards	Mansfield	M	40	3:53:16
142	Rebecca Kneidler	Fayetteville	F	41	3:53:36
143	Arisa LaFerr	Belleville	F	37	3:54:01
144	Toby Yeager	Pottsville	M	43	3:54:53
145	Brooke Oliver	Conway	F	26	3:54:59
146	Alston Jennings	Little Rock	M	69	3:55:46
147	Brent Stroud	Little Rock	M	43	3:55:51
148	Dustin Coats	Van Buren	M	34	3:56:18
149	Anthony Potts	Van Buren	M	38	3:56:20
150	Joey Msall	Jonesboro	M	33	3:57:19
	F. Taylor Graham	Cabot	M	47	3:57:19
152	Shauna Price	Salem	F	47	3:57:50
153	Jana Young	Benton	F	35	3:58:09
	Cody Jones	Benton	M	36	3:58:09
155	Sennet Oliver	Bentonville	F	38	3:58:27
156	Mindy Simonson	Little Rock	F	35	3:59:39
	Everett Elam	Little Rock	M	29	3:59:39
158	Andrew Reid	Newport	M	37	3:59:58
159	Leanna Delhey	Little Rock	F	29	4:00:00
160	Rhonda Burgos	Jacksonville	F	46	4:01:32
161	John True	Cabot	M	37	4:01:49
162	Conley Byrd	Redfield	M	30	4:02:14
163	Diane Bolton	Nashville, TN	F	56	4:02:28
164	Elizabeth Beagle	London	F	37	4:02:50
165	Sara Tosch	Russellville	F	29	4:03:37
166	Allison Jenkins	Russellville	F	34	4:03:39
167	Debbie Sanders	Little Rock	F	61	4:03:43
168	Shelly Matthews	Bryant	F	43	4:03:52
169	Kim LeDoux	Benton	F	55	4:03:58
170	Angie Winstead	Jacksonville	F	54	4:04:28
171	Ken TZ Childress	Tulsa, OK	M	57	4:07:00
172	Andrew Williams	Fort Smith	M	35	4:08:26
173	George Harris	Greenwood	M	56	4:08:27
174	Kirk Smith	Little Rock	M	58	4:09:16
175	Misty James	Yellville	F	37	4:09:19
176	Danny Forthman	Arkadelphia	M	42	4:09:20
177	Wesley Leach	Morrilton	M	62	4:09:29
178	David Childress	Bauxite	M	35	4:10:14
179	Misty Rowland	Tulsa, OK	F	44	4:11:13
180	Cassandra Ticer	N. Little Rock	F	37	4:11:19
181	Aaron Smith	Arlington, TN	M	34	4:12:06
182	Nathaniel Johnson	Fayetteville	M	35	4:15:44
183	Tracey Heath	Goodman, MO	F	49	4:16:05
184	Sherry Rogers	Memphis, TN	F	56	4:16:26
185	Thaveep Leach	Morrilton	F	62	4:17:55
186	Dawn Bradley	Little Rock	F	45	4:19:08
187	Mark Todd	Greenbrier	M	47	4:19:16
188	Thomas Scott	Little Rock	M	59	4:21:49
189	Julie Kurthausen	Little Rock	F	59	4:22:08
190	Greg Edgin	N. Little Rock	M	30	4:22:54
191	Michael Melick	Bentonville	M	39	4:23:12
192	Dennis Baas	Little Rock	M	71	4:24:03
193	Benjamin Reynolds	Little Rock	M	19	4:24:37
194	Jan Fugate	Ellicott City, MD	F	67	4:26:03
195	Christopher Martin	Lowell	M	31	4:26:55

196	Charles Redditt	Conway	M	49	4:27:05
197	James Lemley	Conway	M	47	4:27:06
198	Dennis Fugate	Ellicott City, MD	M	65	4:27:09
199	Tara Salinas	Newport	F	42	4:27:32
200	Jonathan Olivares	Cypress, TX	M	48	4:27:35
201	Deborah Baldrige	Mabelvale	F	52	4:28:10
202	Beau Strotman	Jacksonville	M	43	4:32:57
203	Andi Stracner	N. Little Rock	F	44	4:33:10
204	James Morgan	Little Rock	M	46	4:33:11
205	Dottie Rea	Vilonia	F	64	4:33:31
206	Rebecca McGraw	Conway	F	48	4:34:33
207	Randy Tolbert	Little Rock	M	47	4:38:13
	Ernie Peters	Little Rock	M	69	4:38:13
209	Bill Brass	N. Little Rock	M	78	4:42:32
210	Christy Brooks	London	F	55	4:42:36
211	Chris Davis	Hot Springs	M	44	4:42:45
212	Thomas Dixon	Sterrett, AL	M	38	4:42:47
213	Tommy Dixon	Eudora	M	66	4:42:50
214	Randy Brinkley	Mustang, OK	M	65	4:43:24
215	Chris Beason	Malvern	F	45	4:43:31
216	Noelle Coughlan	Little Rock	F	50	4:43:32
217	Billy Huggins	Jacksonville	M	30	4:44:39
218	Susan Beckwith	Lonsdale	F	49	4:44:41
219	Melanie Kerley	Viola	F	31	4:46:10
220	Louis Chalfant	Hot Springs	M	42	4:48:04
221	Charlie Hoag	Fayetteville	M	63	4:49:36
222	Dan Belanger	Little Rock	M	73	4:52:30
223	Rose Ann Foster	Maumelle	F	52	4:57:14
224	Sheila Galatowitsch	Little Rock	F	58	4:57:26
225	Cindi Smith	Sallisaw, OK	F	42	4:57:28
226	Michelle Mings	Sallisaw, OK	F	43	4:57:29
	Amy Callahan	Sallisaw, OK	F	36	4:57:29
	Ashley Moffett	Sallisaw, OK	F	33	4:57:29
	Jennifer Hancock	Sallisaw, OK	F	35	4:57:29
230	Robyn Tolbert	Little Rock	F	46	4:58:16
231	Rhonda Snyder	Jacksonville	F	50	4:58:30
232	Julie Kerr	Benton	F	45	4:58:31
233	Teressa Houston	Conway	F	47	4:59:11
234	Jason Thomas	Bernice, LA	M	43	5:03:37
235	Rosemary Rogers	Maumelle	F	69	5:09:15
	Kathleen McComber	N. Little Rock	F	62	5:09:15
237	Mary Spann	N. Little Rock	F	62	5:09:16
238	Deborah W Benson	Little Rock	F	60	5:09:54
	Ruth Klingbell	Little Rock	F	59	5:09:54
240	Rita Speas	Little Rock	F	66	5:09:55
241	Skip Smith	Little Rock	M	59	5:14:57
242	Scott Burks	Metairie, LA	M	66	5:15:49
243	Lisa E Grove	Sheridan	F	58	5:15:52
244	Heidi Strock	Jacksonville	F	73	5:17:54
245	Roger Williams	Cordova, TN	M	75	5:19:37
246	Betty Williams	Shannon Hills	F	80	5:20:17
247	Dani Nielsen	Little Rock	F	27	5:30:29
248	Mikayla Douglas	Bryant	F	21	5:35:21
249	Jessica Jackson	Little Rock	F	39	5:43:58
250	Renee Brock	Conway	F	28	5:45:59
251	Tara Hicks	Conway	F	40	5:46:01
252	Matthew Williams	N. Little Rock	M	41	6:04:52
253	Amanda Williams	N. Little Rock	F	41	6:04:53
254	Helen Jones	Little Rock	F	52	6:12:14
	Nancy Stotts	Maumelle	F	56	6:12:14
256	Tom Avery	Bryant	M	55	7:32:55

Message From The Editor - Stacey Shaver

AURA MEMBERS,

I hope you enjoyed this edition of the AURA Newsletter. If you are interested in submitting a race report on Mt Nebo, another AURA event, or an out of state race, please email me at mverunnergirl@gmail.com. I will happily add your race report, photos, poems, gear or running book review. Come on, you know you want to share and we certainly want to hear your story! As always, feedback is most welcomed. I love receiving your emails!!!



Best of luck to everyone who is training for the Arkansas Traveller 100. Especially to Chrissy Ferguson, who is going for her 20th finish and to George Peterka and Isaac Espy going for their 10th!

Sincerely,
~Stacey Shaver-Matson~

~Stacey Shaver-Matson~
mverunnergirl@gmail.com

RETREADS

(Retired Runners Eating Out)

We meet the first Wednesday of every month at Frankie's Cafeteria on Rodney Parham Blvd.

The food lineup begins sharply at 11:30am.

Come early to the lobby for a time of "Touching and Feeling".

Wear something to identify you as an old runner. T-shirt, medallion, etc...

Call Charley or Lou Peyton at 680-0309 if you have questions.