

AURA NEWS

Arkansas Ultra Running Association

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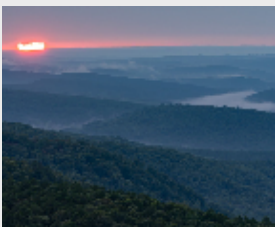
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From the President & Editor



In case you have missed the recent changes, this past month we welcomed Laura Babbitt at her first year of directing the Sunset Endurance Run and said farewell and thank you to Phil and Bonnie Carr for 15 years of service to the club and to the Lovit Trail Marathon.

I knew when Pete told me last year that he was retiring as RD for the Sunset event that Laura would be a great fit for the job. Indeed she is and her first year of directing proved that she has the passion and dedication necessary to not only keep the race alive but to make it a safe, fun, and successful event for years to come. Thank you Laura Babbitt! You made a lot of people very happy. The stomach bug kept me away but I will be there next year!

Phil and Bonnie started the LOViT Trail Marathon fifteen years ago. For a decade and a half they have offered runners an opportunity to run this incredibly beautiful course with all of the amenities you would find at a paid race. This pay what you can event has been a long time staple of the Ultra Trail Series thanks to them and the help of the Trail Dogs, who maintain the trail system. They have left a legacy that will hopefully continue for many years to come.

Both of these events have seen changes but it is nice that they both remain donation based, where runners pay what they can. As an RD for a free event I have had numerous runners tell me over the years how much they appreciate it. Sometimes life is tough and complicated but the ability to go run with friends in the community can be the therapy that makes all the difference. I am proud of these directors and our club!

Until the next race Happy Trails

~ Stacey & the AURA Board ~

**Upcoming AURA Events
And
Volunteer Opportunities**



ATHENS BIG FORK TRAIL MARATHON

8am Saturday, January 7th, 2023

You Must Wear **Orange** or a Neon Color Shirt!

Several ads have gone out and signs placed at the trailheads to alert the local public about our race. We do not expect issues as we hold a USDA Forest Service permit and this course is part of the Eagle Rock Loop and heavily traveled. However, we want to be extra cautious.

Link to order post race Food

Food Orders are due by Thursday, December 16th, so place your order now so you don't drive away from the race hungry!! Shirt orders have closed. I did order a VERY small number of extras so bring cash and arrive early if you want to snag one.

Finish line cut off is 4pm. If you are unable to complete your distance in the 8 hours allotted please email me at mverunnergirl@gmail.com and arrange for an early start.

Bring a blanket & a chair and join in the traditional post race pow-wow on the front lawn as you enjoy your pre-purchased meal. There are restrooms and a place to change inside. We will also have the fire going so you can get warm!

Race and waitlist are Full but you can still join the fun by volunteering! Volunteering is fun and it will also guarantee you an entry for next year! There are only a couple of spots left to fill. (Exceptions are made for UTS participants)

Volunteer Link - <https://volunteersignup.org/74CCH>



[Website Link](#)





January 21, 2023

UTS Race #9

UTS Lite Race #7

[Race Website Link](#) & [Registration Link](#)



White Rock Classic 50K

Saturday, February 4, 2023

9am Start

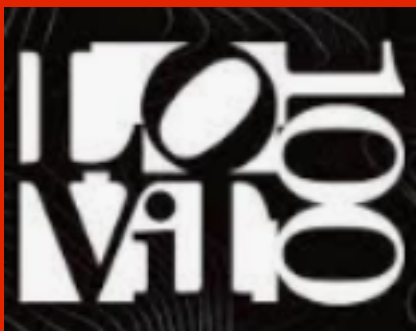
Start/Finish area is now at the pavilion of the [Shores Lake Recreation Area](#)

This is a no fees, no frills, no wimps event. It is part of the UTS and UTS Lite series.

Lisa is waiting on the permit to open registration. Registration is delayed due to a road closure, however she isn't expecting any issues with permission.

For more information please visit the [race website](#).

Questions: email [Lisa Gunnoe](#)



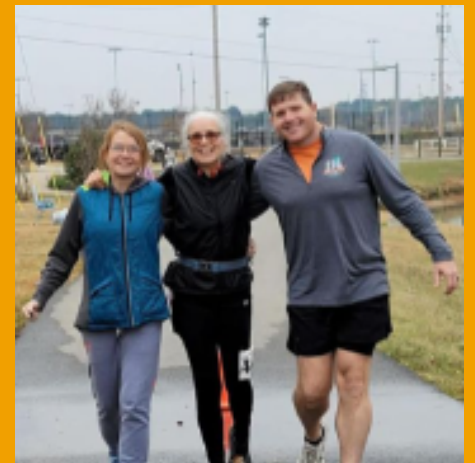
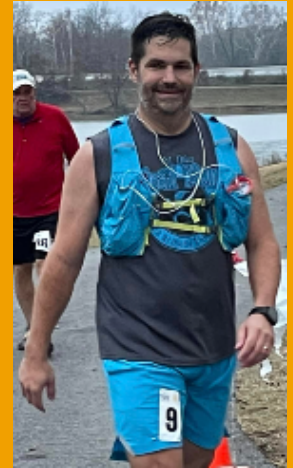
LOViT 100k

6am Saturday, February 25, 2023

This event is part of the UTS series.

[Race Website](#)
[Registration Page](#)

Sunset 6/12/24 Hour Endurance Run -Hosted by Laura Babbitt







Sunset 24 Hour ~By Julie Ingle

Sunset 6/12/24 hour race in Benton is such a unique race but oh where to start? This race easily became a favorite for me last year despite the nasty cold. It is a challenge that on the surface looks easy, and for some, it may be. It is a race designed to test how far you can go with a great set-up, an aid station every mile, and the option to rest when you want. But it also tests you mentally in a sneaky way since you are running the same loop over and over! At times I felt like a hamster on a wheel! We did switch directions every few hours, so that helped a little. I set out this year with a goal in mind to complete my furthest distance. I had 24 hours to get in as many loops/miles as I could. 1 mile (ish) loops, fairly flat, around a lake on a paved trail. You have the option to stop whenever you want and sleep if you need to, or just keep going.

My initial thought for the race this year was that I wanted a PR distance. My longest mileage to date was 33 miles, and although I'm by not fast by any means, I feel like I can cover some decent distance. I thought maybe I can finally conquer 50 miles, but then again, maybe I could do 100k. So those became my A/B goals. I had no thought of winning anything, yet. Go out easy, don't push too hard, knowing I will slow down, and I can do this. The weather Friday night was perfect! 45-50 degrees, a light wind occasionally and a nice bright (but still dark) sky.

I don't know how many people actually started the 24 hour run, but seemed like quit a few, maybe 40 or so. It was great seeing some awesome runners out there and being inspired by them. Loop after loop, I just kept moving. We started losing people, either to their vehicle/tent/home for sleep, or others that were done with what they wanted, and unfortunately a few others to injuries. It started getting a little lonely out there, but on this type of race, you can almost always find someone to keep you company here and there.

Around 2:30 or so, I was still out there moving, but no one was actually with me. I stopped to change shoes, and contemplated trying to get a cat nap but my body just wasn't sleepy, so I rested for around 45 minutes, changed shoes, got some food and coffee, then headed out again. I just kept going with my intervals until the morning where I had slowed to a fast walk. When the 6/12 hour people started showing up, I thought I would pick it up and run more, which I did briefly, but then had a couple of great friends join me and we just made a party out of it. At some point I realized there was another woman back out and moving like a breeze, she had taken a nap and was refreshed.

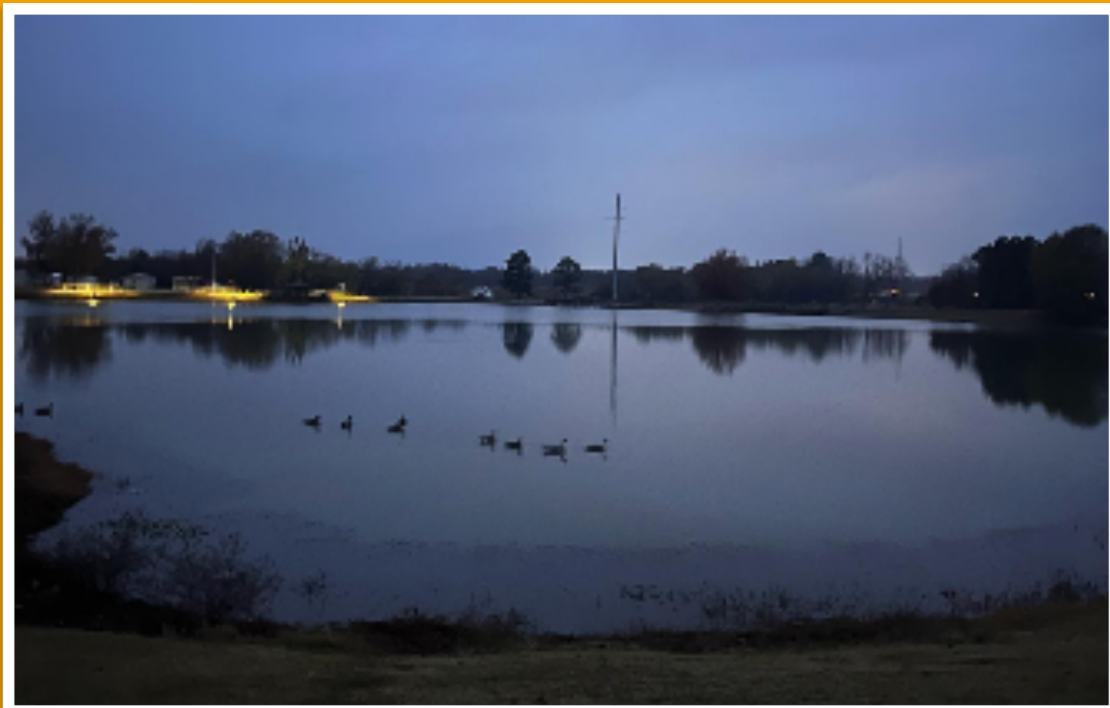


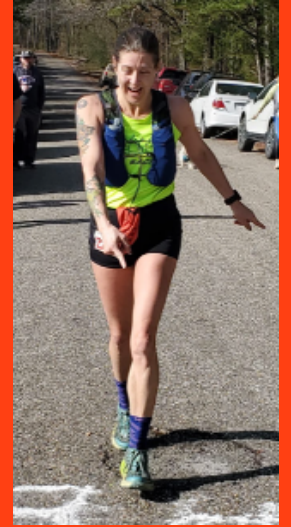
I watched her and then looked at the board...she was moving on up, then passed me, and then she passed the current leader. I knew rain was coming, and I love running in the rain, just makes you feel more powerful when you're done. I just hoped she was someone who didn't like it! It started raining and I don't know if she was done because of the rain or what, but I watched her leave.

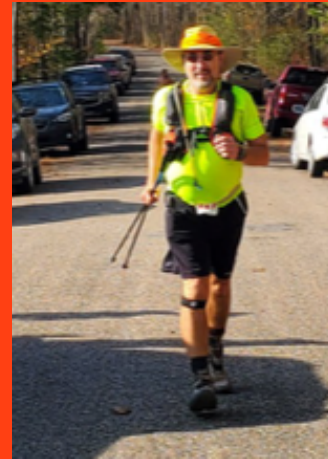
So when I finished that loop I looked to see how many I had to finish to beat her, 16 loops, sounds easy right? But I know me, rain wouldn't stop me and I knew I could do it, if my legs held up. Then I realized another runner was out there back from a nap and running the 24. I kept moving forward because now I could actually see not only getting a 100k but possibly winning the 24 hour female award, it will probably be my only chance to ever win an overall female award!

The other woman stopped when I had one loop to go to take the lead and I was a little relieved! I crossed that mat the last time and couldn't believe that not only had I done the 50 miles, or the 100K, but I did 65 miles and won the sun award! I was out there 22 hours and had 19 hours and 24 minutes of moving time (per my watch), with no sleep. Not fast by any means but I covered some distance and stayed out there the longest.

Laura Babbit and her crew of helpers did an amazing job with this race. All kinds of food and drinks for any taste. If you are looking to try new distance or a new race format, this is definitely one to check out!







No Coach? No Trainer? No Problem For Russellville Runner Dorian Riley **Written by Easton May**

(*This article appeared in the October 8th issue of the River Valley Now and is being shared with permission. See link at the end)

"I saw the light to the finish and turn into the final .10 to the line. I stop and walk, taking in every moment. Then, finally, I hit the finish and saw my crew. I started bawling and hugged each of my crew members", recalled Dorian Riley, a River Valley resident with an incredible story behind his most recent race.

Riley participated in the Arkansas Traveler 100-mile Ultra Marathon on October 1st. "The race starts in Camp Ouachita and weaves through the national forest in the surrounding area; the course begins with a 17-mile figure 8-style loop, which starts with pavement and then finishes with nine miles of trail running. Following this is an 83-mile out and back through the Ouachita mountains. This course consists of a cumulative 12,000 feet of elevation climbing."

This race isn't for the weak of heart, Riley acknowledged. "Completing this course in under 24 hours is considered a tough and strenuous feat. Only about 20% of people who complete the course can compete for this time."

"Most people told me that just finishing would be winning, but I wanted to push it even farther. Being my first ultra, I had no idea what to expect. I haven't run a race competitively of the half marathon mark of 13.1 miles, so a jump from the rush to the big boy mileage of an ultra seemed like a challenge."

Preparing for this race is not something that can be taken lightly, as ill preparation can be dangerous in these races. "My training consisted of more than six months of running a weekly mileage between 55-70 miles daily at 5 am. Starting early allowed me to get used to running in the dark and alone. Additionally, I did functional strength training centered around keeping my self-injury free and strengthening muscles I would use, such as my core, back, and legs. Furthermore, I did this with no pacer during the race, which added to being alone for hours at

a time. Most of these alone, ours would be in the dark with nothing but a single small headlamp light guiding my path and not seeing another person for up to 4-6 hours.

Riley even remembered specific parts of the race and what he had to endure to finish it. "Pushing through all this, I hit mile 91.7 with three aid stations left and 3 hours remaining to hit my goal. I fell hard immediately leaving this station which left me alone again. I had found some runners to help yo-yo to keep pace to ensure a sub-24-hour finish", Riley recalled. "Unfortunately, this fall caused me to lose them, which led to more hours alone in the dark, cold, with aching legs that barely worked. I planned to keep a steady pace and not stop these last few miles. No more aid stations for me; I had no time. I pushed to the end, sometimes wondering why I did this but never doubting I could do it."

Dorian was able to finish 24th overall and receive an enamel belt buckle for his accomplishment.

"I want to thank my crew. They were perfect, and being able to see them throughout the race was the main thing that kept me going. I love every one of them, and I'll never forget the sacrifices they made to do this."

"This race meant to me that I got to pursue a challenge and dream. But this race also brought me closer to the people in my crew. The bond I have with them now is unbreakable. They were my rocks. So this race was, yes, a goal, but it also made me grow as a person and grow close with people I love. I love running because it provides a sanctuary for me."

Congratulations to Dorian on a fantastic achievement!

Story by Easton May
Sports Writer for River Valley Now



ULTRA TRAIL SERIES STANDINGS

Open Division

Women

Rank	Name	50K FM	50M FM	20M SS	14M NEB	100M AT	18M HSNP	6hr SUN	12hr SUN	24hr SUN	26M LOV	26M ABF	50K DAV	50K WR	100K LOV	50M SYL	26M RCM	50K OT	50M OT	50K S&S	18M MAG	WRK TRL	Total	
1	Laura Kearns		56	55	61	103	55			45.72	55												430.72	
2	Michelle Posey		45	44		73																		162
3	Krista Buck	46		33	15				35.58		27													156.58
4	Chrissy Ferguson	57		21	11			40.57																129.57
5	Shelley Sparks					87																		87
6	Mary McDonald	11		27	2		21				21													82
7	Missy Harken	23							47.37															70.37
8	Kimmy Riley	29			8						33													70
9	Ashley Gramza	35			27																			62
10	Tina Mitchell				21		33																	54
11	Laura Stacy				50																			50
12	Rachel Furman						44																	44
13	Kim Johnson										44													44
14	Erika Ashley				39																			39
15	Lakyn Webb				33																			33
16	Latoya Richard				5		27																	32
17	Brooke Oliver	17																						17
	Laura Babbitt																							
	Kelsey Bain																							

Men

Rank	Name	50K FM	50M FM	20M SS	14M NEB	100M AT	18M HSNP	6hr SUN	12hr SUN	24hr SUN	26M LOV	26M ABF	50K DAV	50K WR	100K LOV	50M SYL	26M RCM	50K OT	50M OT	50K S&S	18M MAG	WRK TRL	Total	
1	Daniel Evans	65		64	71		67		51.65															318.65
2	Daniel Arnold		64	53	37		39				58													251
3	Blake Miley		24	42	25		56				47													194
4	Donald Thompson		30	11	10	62	5			21.6	18													157.6
5	F. Perez Colon		36	30		89																		155
6	Gabriel Harris		42		31	75																		148
7	Shawn Sellers			36	60		21				24													141
8	Kenny Garner	54		24	49																			127
9	John Haddock	37			21		27				36													121
10	Stan Ferguson					105																		105
11	Caleb McDonald	43		18	8																			69
12	Robert Harrell	3		14		51																		68
13	Alan Hunnicutt	4		3	5		6			41.56	8													67.56
14	Jim Tadel	31			15		8																	54
15	Matt Lewis		53																					53
16	Shane Poland						45																	45
17	Stewart Gray				11		33																	44
18	Bryan McCullar				43																			43
19	Caleb Calhoun	25					11																	36
20	Chris Lyle										30													30
21	Ken Myers	15		8	7																			30

[Click Here to See the Full List](#)

Master Division

Women

Rank	Name	50K FM	50M FM	20M SS	14M NEB	100M AT	18M HSNP	6hr SUN	12hr SUN	24hr SUN	26M LOV	26M ABF	50K DAV	50K WR	100K LOV	50M SYL	26M RCM	50K OT	50M OT	50K S&S	18M MAG	WRK TRL	Total	
1	Michelle Posey		54	54		86																		194
2	Krista Buck	44		43	34				37.36		32													190.36
3	Chrissy Ferguson	55		26	28			42.6																151.6
4	Mary McDonald	21		32	16		41				26													136
5	Shelley Sparks					102																		102
6	Kimmy Riley	33			22						43													98
7	Tina Mitchell				45		52																	97
8	Missy Harken	27							49.73															76.73
9	Laura Stacy				56																			56
10	Kim Johnson										54													54

Rank	Name	50K FM	50M FM	20M SS	14M NEB	100M AT	18M HSNP	6hr SUN	12hr SUN	24hr SUN	26M LOV	26M ABF	50K DAV	50K WR	100K LOV	50M SYL	26M RCM	50K OT	50M OT	50K S&S	18M MAG	WRK TRL	Total	
1	Donald Thompson		37	31	17	74	24			22.68	33													238.68
2	John Haddock	49			41		58				55													203
3	F. Perez Colon		48	59		88																		195
4	Kenny Garner	60		48	63																			171
5	Alan Hunnicutt	7		9	4		30			43.64	21													114.64
6	Jim Tadel	38			29		47																	114
7	Stan Ferguson					104																		104
8	Robert Harrell	4		37		61																		102
9	Ken Myers	32		25	10																			67
10	Lionel Burnett	26		19	7		12																	64
11	Matt Lewis		59																					59
12	Robert Misener				23		36																	59
13	Bryan McCullar				52																			52
14	Chris Lyle										44													44
15	Brett Nguyen				35																			35
16	Shawn Barlow										27													27
17	Caleb Horne	10		13	3																			26
18	Kyle Knapp	20																						20
19	Kurt Hauser						18																	18
20	Johnny Eagles			6	2		8																	16
21	Cliff Ferren	14																						14
22	Charles Redditt				13																			13

Grand-Master Division**Women**

Rank	Name	50K FM	50M FM	20M SS	14M NEB	100M AT	18M HSNP	6hr SUN	12hr SUN	24hr SUN	26M LOV	26M ABF	50K DAV	50K WR	100K LOV	50M SYL	26M RCM	50K OT	50M OT	50K S&S	18M MAG	WRK TRL	Total	
1	Krista Buck	43		43	54				40.92		32													212.92
2	Michelle Posey		53	54		86																		193
3	Chrissy Ferguson	54		26	43			46.66																169.66
4	Mary McDonald	26		32	26		51				26													161
5	Kimmy Riley	32			32						43													107
6	Shelley Sparks					102																		102
7	Kim Johnson										54													54

Men

Rank	Name	50K FM	50M FM	20M SS	14M NEB	100M AT	18M HSNP	6hr SUN	12hr SUN	24hr SUN	26M LOV	26M ABF	50K DAV	50K WR	100K LOV	50M SYL	26M RCM	50K OT	50M OT	50K S&S	18M MAG	WRK TRL	Total	
1	John Haddock	56			58		57				52													223
2	Alan Hunnicutt	22		32	12		29			47.8	41													183.8
3	Robert Harrell	16		54		86																		156
4	Jim Tadel	45			36		46																	127
5	Lionel Burnett	34		43	18		17																	112
6	Stan Ferguson					102																		102
7	Robert Misener				30		35																	65
8	Brett Nguyen				47																			47
9	Johnny Eagles			26	8		11																	45
10	Cliff Ferren	28																						28
11	Charles Redditt				24																			24
12	Kurt Hauser						23																	23

Senior Division**Women**

Rank	Name	50K FM	50M FM	20M SS	14M NEB	100M AT	18M HSNP	6hr SUN	12hr SUN	24hr SUN	26M LOV	26M ABF	50K DAV	50K WR	100K LOV	50M SYL	26M RCM	50K OT	50M OT	50K S&S	18M MAG	WRK TRL	Total	
1	Mary McDonald	31		52	31		51				41													206
2	Chrissy Ferguson	53		41	53			52.74																199.74
3	Kimmy Riley	42			42						52													136

Men

Rank	Name	50K FM	50M FM	20M SS	14M NEB	100M AT	18M HSNP	6hr SUN	12hr SUN	24hr SUN	26M LOV	26M ABF	50K DAV	50K WR	100K LOV	50M SYL	26M RCM	50K OT	50M OT	50K S&S	18M MAG	WRK TRL	Total	
1	Alan Hunnicutt	26		42	32		43			54.03	51													248.03
2	Lionel Burnett	43		53	43		32																	171
3	Jim Tadel	54			54		54																	162
4	Johnny Eagles			31	26		26																	83
5	Cliff Ferren	32																						32

Super-Senior Division**Men**

Rank	Name	50K FM	50M FM	20M SS	14M NEB	100M AT	18M HSNP	6hr SUN	12hr SUN	24hr SUN	26M LOV	26M ABF	50K DAV	50K WR	100K LOV	50M SYL	26M RCM	50K OT	50M OT	50K S&S	18M MAG	WRK TRL	Total	
1	Johnny Eagles			51	51		51																	153

ULTRA TRAIL SERIES - LITE STANDINGS**Open Division****Women**

Rank	Name	15M SS	14M NEB	18M HSNP	6hr SUN	14M LOV	17M ABF	25K DAV	25K WR	20K SYL	13M RCM	50K OT	25K S&S	12M MAG	WRK TRL	Total
1	Kelsey Walker	53	60	53	39.14	54										259.14
2	Lauren Shoup	42	49		37.71	43										171.71
3	Julie Ingle		10	36.5	89.86											136.36
4	Debbie Rigsby				33.29	32										65.29
5	Amanda Alls		38													38
6	Lori Talley			36.5												36.5
7	Lisa Gunnoe	31	4													35
8	Shannon Wiley		32													32
9	Dottie Rea				29											29
10	Susan Adkison					26										26
11	Charity Shaw		20													20
12	Stephanie Birk		14													14
13	Billie Watts		7													7

Men

Rank	Name	15M SS	14M NEB	18M HSNP	6hr SUN	14M LOV	17M ABF	25K DAV	25K WR	20K SYL	13M RCM	50K OT	25K S&S	12M MAG	WRK TRL	Total
1	James Moy	54	36	58												148
2	Rusty Bryan		24	30	22.47	45										121.47
3	David Neal	43	30	47												120
4	Henry Turner		47			56										103
5	Dale Powell	32	12	15	15.84	22										96.84
6	Steve George		18	36		34										88
7	Adam Xaysuda		58													58
8	John Fowlkes		8	8	22.47	16										54.47
9	David Meroney	26		24												50
10	Jesse Rucker			15		28										43
11	Tom Avery				17.14											17.14

Master Division**Women**

Rank	Name	15M SS	14M NEB	18M HSNP	6hr SUN	14M LOV	17M ABF	25K DAV	25K WR	20K SYL	13M RCM	50K OT	25K S&S	12M MAG	WRK TRL	Total
1	Julie Ingle		23	46.5	94.35											163.85
2	Debbie Rigsby				34.95	52										86.95
3	Lisa Gunnoe	51	11													62
4	Shannon Wiley		57													57
5	Lori Talley			46.5												46.5
6	Susan Adkison					41										41
7	Charity Shaw		35													35
8	Dottie Rea				30.45											30.45
9	Stephanie Birk		29													29
10	Billie Watts		17													17

Men

Rank	Name	15M SS	14M NEB	18M HSNP	6hr SUN	14M LOV	17M ABF	25K DAV	25K WR	20K SYL	13M RCM	50K OT	25K S&S	12M MAG	WRK TRL	Total
1	James Moy	54	46	58												158
2	Rusty Bryan		29	30	23.59	45										127.59
3	David Neal	43	35	47												125
4	Henry Turner		57			56										113
5	Dale Powell	32	17	15	16.64	22										102.64
6	Steve George		23	36		34										93
7	John Fowlkes		11	8	23.59	16										58.59
8	David Meroney	26		24												50
9	Jesse Rucker			15		28										43
10	Tom Avery				18											18

Grand-Master Division**Women**

Rank	Name	15M SS	14M NEB	18M HSNP	6hr SUN	14M LOV	17M ABF	25K DAV	25K WR	20K SYL	13M RCM	50K OT	25K S&S	12M MAG	WRK TRL	Total
1	Debbie Rigsby				38.28	52										90.28
2	Lisa Gunnoe	51	31													82
3	Lori Talley			51												51
4	Stephanie Birk		42													42
5	Susan Adkison					41										41
6	Dottie Rea				33.35											33.35

Men

Rank	Name	15M SS	14M NEB	18M HSNP	6hr SUN	14M LOV	17M ABF	25K DAV	25K WR	20K SYL	13M RCM	50K OT	25K S&S	12M MAG	WRK TRL	Total
1	James Moy	53	44	56												153
2	Dale Powell	42	27	25	18.22	27										139.22
3	Steve George		33	45		44										122
4	Henry Turner		55			55										110
5	John Fowlkes		21	16	25.84	21										83.84
6	David Meroney	31		34												65
7	Jesse Rucker			25		33										58
8	Tom Avery				19.71											19.71

Senior Division**Women**

Rank	Name	15M SS	14M NEB	18M HSNP	6hr SUN	14M LOV	17M ABF	25K DAV	25K WR	20K SYL	13M RCM	50K OT	25K S&S	12M MAG	WRK TRL	Total
1	Debbie Rigsby				43.27	51										94.27
2	Dottie Rea				37.7											37.7

Men

Rank	Name	15M SS	14M NEB	18M HSNP	6hr SUN	14M LOV	17M ABF	25K DAV	25K WR	20K SYL	13M RCM	50K OT	25K S&S	12M MAG	WRK TRL	Total
1	Dale Powell	51	52	47.5	20.6	42										213.1
2	John Fowlkes		41	31	29.21	31										132.21
3	Jesse Rucker			47.5		53										100.5
4	Tom Avery				22.29											22.29

Super-Senior Division**Women**

Rank	Name	15M SS	14M NEB	18M HSNP	6hr SUN	14M LOV	17M ABF	25K DAV	25K WR	20K SYL	13M RCM	50K OT	25K S&S	12M MAG	WRK TRL	Total
1	Dottie Rea				43.5											43.5

Men

Rank	Name	15M SS	14M NEB	18M HSNP	6hr SUN	14M LOV	17M ABF	25K DAV	25K WR	20K SYL	13M RCM	50K OT	25K S&S	12M MAG	WRK TRL	Total
1	Dale Powell	51	52	47.5	23.77	42										216.27
2	John Fowlkes		41	31	33.7	31										136.7
3	Jesse Rucker			47.5		53										100.5

[Click Here to see UTS Miles](#)

[Click Here to see UTS LITE Miles](#)

Great work so far UTS and UTS Lite participants!! UTS participants have 8 events remaining and UTS Lite participants have 7 events remaining (not counting your marathon/half marathon that must be submitted by April 15th, 2023)

Please remember that winners only receive one award. That means that if someone wins a particular division then their name is removed from any subsequent divisions.

Thank you to those who chose to volunteer for the races they were unable to run. You make a big difference in our community and I hope you know that you are very appreciated!! Don't forget to turn in your hours to George or myself so that you get credit towards the High Mileage award.

Trail work hours are a part of this years UTS. You can find opportunities through [CATA](#) or by signing up when one of our race directors reaches out for help. Traveller had a couple of work days. I plan to host one for OT in February so keep an eye on the [club FB page](#) .

Thank you for competing in the AURA events! Keep going and keep pushing your limits!! You can do tough things!!

I am preparing next year's UTS schedule. Please email me if you have strong opinions on replacing any non-AURA events. The series is for YOU and we want YOU to have a say! Also, if you have concerns or suggestions about existing AURA events please let me know and we will do our best to address them.

RETREADS

Hello All, the first Wednesday of every month is RETREADS Day. What is a RETREAD? Could be a retired runner. Maybe not. Could be a runner who wants to eat out in the company of other runners.

We are currently meeting at Homer's Restaurant, 9700 West Rodney Paraham Road. We have the private room reserved for 11:30 a.m. If you plan on coming, it is important that you contact me the day before as our location is subject to change. At some time soon Homer's is scheduled to move to the old Franke location also on Rodney Parham. Or, we could decide to spend the summer at 2 Rivers Park. Right now as I write this, Homers is the location. So email me at CHRLYPYTN@GMAIL.COM if you've not been to RETREADS before and not on my notification list.



Thanks, Charley and Lou Peyton



WELCOME TO OUR NEW AURA MEMBERS!

WE LOOK FORWARD TO THE OPPORTUNITY TO GET TO KNOW YOU BETTER.

CURRENT MEMBERS,
Thanks for Renewing Your Membership

[Click Here to See IF You Need to Renew](#)

[Click Here To Register or Renew Your Membership](#)

[Click Here To See Events In The Ultra Trail Series](#)

