

JUNE 1ST NATIONAL TRAILS DAY

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THE ARKANSAS ULTRA RUNNER

June/1996

*A Newsletter For Members Of The Arkansas Ultra Running
Association*

HARLEY'S ULTRA NEWS OF THE DAY -Congratulation to all of the Arkansas AURA members who went and ran the 100th Boston Marathon. I am sure there are other AURA's from out of state who participated.

David Allen	2:55:24
Stan Ferguson	3:02:25
Van Davis	3:56:39
Angie Ransom	4:03:14
Joe Fennel	4:08:55
Ricky Williams	4:08:55
David Samuel	4:36:36
Todd Lower	6:03:10
Gary Smith	6:41:27

Let me apologize to any of you who showed up for the Widow Maker UTS at 7:00 P.M. Saturday, May 18th. Not only do I get my distances wrong, I also have difficulty with my lefts and rights, up and downs and A.M.'s and P.M.'s. I have put myself on probation and for the next couple of newsletters will print in parentheses(morning) or(afternoon) beside the time.

Last week I received a brochure from a company based in Washington that was promoting Tyvek Jackets. The cost was pretty reasonable and by the time we get the Logo added it should come in under \$20.00. Here's the deal - We have to order at least 24. Send me \$20.00 by the 29th of June. State your size. If there is enough interest, I'll place the order. If the cost comes in under \$20.00, you'll be given the difference. If it looks like it will be more, I'll let you know.

June 1st National Trails Day. Albert Pike Recreation Area, Langley, Arkansas. 8:00A.M.(morning). Runs consist of 6, 10, 17 mile fun runs. Lou and a couple of others are planning on running the 27 mile Eagle Rock Loop starting early in the morning. If you are interested call her at 225-6609. Direction: Hwy 70 to Hot Springs and Glenwood. About four miles out of Glenwood leave Hwy 70 at Salem for Hwy 84. Follow Hwy 84, 13 miles to Langley. Turn right onto Hwy 369 and go six miles to Albert Pike campgrounds. Allow two hours driving time if you leave the day of

On a down note the most famous ultra Toyota truck in the county was recently sent out to pasture. It was as if I was hypnotized and out of control. One moment I was watching a Toyota TV commercial and the next I woke up in a Toyota showroom staring at a new 1996 T-100 muttering to myself, "I need a T-100, I need a T-100, I need a AT-100". I think it was that "A" in the T-100 that made the sale.

ULTRA CORNER

The 1996 Ouachita Trail 50, May 4th, came off with a couple of interesting surprises. This year saw the largest starting field since it was downsized three years ago. 40 starters were in the lineup. 25 were "local" ultra runners. The weathers this year was a typical Arkansas late spring day - Lots of sunshine, hot and muggy. The course record holder and favorite to repeat as this years winner, Ray Bailey, experienced stomach problems early into the run and was no match for Gary Grilliot from Shreveport. Gary is no slouch and has won several trail runs around the southwest. On a good day however he is no match for Arkansas' Ray Bailey. Grilliot time was 7:39:03 and was the slowest winning time for the OT-50. Angie Ransom, Arkansas Running Klub, and a sub 24 hour 100 miler, bested a strong showing from Ivy Franklin and finished in 10:19:09. However it was determined later that Angie had gone off course at mile 45 and came into the Pinnacle Mountain aid station on the road. Realizing her mistake she was driven back to where she had gone off. In light of taking the ride back in an automobile she was disqualified by Race Directors Bill and Teresa Laster. Ivy Franklin was then declared the 1996 women's winner of the Ouachita Trail 50.*

An interesting stat to me was that of the 15 out of state runners, 12 finished within the 12 hour cut-off while 13 out of 25 local runners got an official finishing time.

1. Gary Grilliot	7:39:03
2. Ray Bailey	8:22:41
3. Stan Ferguson	8:34:22
4. Bill Maxwell	8:58:34
5. Mike Heald	9:20:00
6. Neil Hewitt	9:22:22
7. Brady Hinds	9:30:37
8. Steve Tilley	9:33:38
9. Ken Ashby	9:38:52
10. Zak Thomas	9:59:31
11. William Taggart	10:19:09
12. Angie Ransom	10:19:25



ULTRA TRAIL SERIES

The Widow Maker ---

"In the Battle of Vicksburg during the Civil War the boys from the North tried time after time to capture the city by assaulting up the steep bluffs that guarded the river town. They were beaten back by the murderous canon fire stationed on the cliffs above. The badly beaten Union soldiers named one of the more effective canon batteries-The Widow Maker.

On the run today think about those young boys crouched on that hillside because today *I AM YOUR WIDOW MAKER.*"



On May 18 the long awaited *WIDOW MAKER*, the 11th and final run of the Ultra Trail Series. The route consisted of Lake Sylvia bike trails, logging roads, the Ouachita Trail and one monster of a cross country hill climb. After the run I cooked pancakes for the finishers and got to hear a belly full of "complaints" about the distance. For some reason I have gotten a reputation for under estimating the distance. As I recalculate it, the distance might be 12 miles for those who stayed on course and at least 14 for those who strayed off the route and ran over to Hwy 9 (and back). Anyway, victory belongs to the accurate runners, Ray Bailey and Conway's Kim Pavelko. Fittingly these two were crowned the 1996 *Ultra Trail Series King and Queen of the Trails*. Angie Ransom and Dr. Feelgood were the Master's King and Queen while Lou Peyton and Nick Williams were the Senior's King and Queen. Long live the Kings and Queens.

WIDOW MAKER 10 Miles (+/-) - May 18th, 1996

1. Ray Bailey	1:56:22
2. David Allen	2:03:16
3. Jim Sweatt	2:16:38
4. Stan Ferguson	1:58:43*
5. Kimberly Pavelko	2:38:28
6. Justin Bailey	2:41:27
7. Ernie Peters	2:44:07
8. Todd Jones	2:25:00*
9. Angie Ransom	2:59:00
10. Lou Peyton	3:00:50
11. Dianne Bell	3:09:00
12. Pete Ireland	3:09:01
13. Lloyd Moore	3:10:05
14. Tim Biggs	3:22:00

- 15. Sam Hardcastle 3:22:00
- 16. Ray Ransom 3:16:00
- 17. Donna P. Duerr 3:20:00
- 18. U.B. Discovery 3:24:00
- 19. Chuck Desjardin 3:31:00
- 20. Bobbie Davidson 3:50:00

* - Late starters

PRESENTING

1996 KING and QUEEN OF THE TRAIL

Ray Bailey and Kimberly Pavelko

**Masters Dr. Feelgood and Angie Ransom
Seniors - Nick Williams and Lou Peyton**

1990	KING	Eddie Mulkey	
	QUEEN	Carroll Mathew	
1991	KING	John Gross	
	QUEEN	Trish O'Dwyer	
1992	KING	John Gross	
		Frank Rivers	Masters
	QUEEN	Kim Pavelko	
		Lou D. Peyton	Masters
1993	KING	John Gross	
		Frank Rivers	Masters
		Pete Ireland	Seniors
	QUEEN	Nancy Cunningham	
		Gayle B. Bradford	Masters
		Ann M. Moore	Seniors
1994	KING	John Gross	
		Dr. FeelGood	Masters
		Nick Williams	Seniors
	QUEEN	Dianne F. Bell	
		Lou D. Peyton	Masters
		Ann M. Moore	Seniors
1995	KING	Ray Bailey	
		Chuck Desjardin	Masters
		Nick Williams	Seniors
	QUEEN	Kim Pavelko	
		Ivy H. Franklin	Masters
		Lou D. Peyton	Seniors



Gayle B. Bradford
36 miles into
OT-50.