

ATTENTION AURA
MEMBERS: THE BIGSHOT IS
NOW ACCEPTING
APPLICATIONS FOR
INTERNS!

~
ARKANSAS ULTRA RUNNER

MARCH 1998

THE NEWSLETTER FOR MEMBERS OF THE ARKANSAS ULTRA RUNNING ASSOCIATION

MESSAGE FROM EL BIGSHOT-A milestone was reached with the February issue of the AURA. We began our 10th year of the chronicles of Ultrarunning in Arkansas. The mailout in 1988 consisted of about 15 in the first issue and presently is around 80. As our membership has evolved, shifted or moved away, our newsletter is now being read from coast to coast; Hawaii and Switzerland. I appreciate all the support for the membership.

El Nino(no relation) has been kind to the AURA this season. Instead of ice and snow so far this winter, we have been greeted by fair skies and moderate temperatures. This has been great news for the local ultra runs and race directors. Beginning on January 29 and followed by February 7th and February 21st, those who participated were treated to Ultra running at its finest. The latter two(White Rock Classic and the Sylamore Trail 50K) are well established while on the last Saturday in January Lou Peyton had her long awaited 100K. Due to the health problems of Lou's mother, I will report on these three runs as best I can and if something gets left out, I will make amends next month.

We have one remaining race in the Ultra Trail Series, the Wild Hog Double Loop, two loops around Lake Winona. Remember to be in consideration of the KING and QUEEN of the TRAIL awards you must have completed three of the five scheduled runs. Of the five runs, only four will count in the rankings. Your poorest performance will be purged from the final tabulation. I need some feed back about the number of races held, the distance ran and the starting time before planning for next year which will begin with the 1998 Midnight Mountain Run in late July or early August.

On March 28th we will have a fun run. I invite all of you to the 10-9-10 Run, AKA the LoggerHead, AKA the Indian Rock House Run. Approximately 20 miles on he

TENTH EDITION; NUMBER 2. Chinch it up tight and ride it out.

Ouachita Trail from Hy 10 to Hy 9. 7:00 A.M. start from the Lake Maumelle picnic park. The park is located at the foot of the last bridge that crosses the far end of Lake Maumelle. About 18 miles out Hy 10 from the I-430/ Cantrell Road overpass.

Heads up all of you AURA Ultra *Hasbeens*. Having trouble making the cutoff times at all of your runs? Having trouble finishing those high dollar ultra races you foolishly think you can? Lou Peyton says that she has a plan to pull you out of your designated DNF column. She is proposing a leaderless track workout on Wednesdays 6:00 p.m. for leg speed only. Place: Scott Field Track. What have you got to loose, you're marginal on your best day.

1998 SPRING RACE CALENDAR

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(X)

Mar 21st Cross Timbers 50 Miler and 30 K. Lake Texoma, Texas.

Contact: Jay Norman @ 972 556-1347

Mar 21st The Wild Hog Double Loop./UTS#5 Two 20 mile loops around Lake Winona. No entry fee; a real cheap award to the winner.

Mar 28th The Loggerhead. 20 miles + or - On the Ouachita Trail to Forest Roads. Turnaround at the Indian Cave on HY 9. . 7:00 a.m. start from Lake Maumelle Picnic park. Fun run.

Apr 4th BLACK DOG ULTRA RUNS 50 MILE, 50K. Forest Service Roads in the Lake Sylvia area. Entry fee will be \$10.00 to cover the cost of the Aid Station and a post race meal. Further arrangements are pending. Contact: Ann M. Moore @ 1209 Green Mountain, Little Rock, Arkansas 72211. E-mail at RunAnnRunn@aol.com

May 2nd Strolling Jim 40, 40 Miles. 75 % paves; 25% crushed rock. Wartrace, Tennessee. Gary Cantrell @ 615 389-6870(h).--RD

ULTRA CORNER

ARKANSAS 100K CHAMPIONSHIP--JANUARY 29, 1998			
1	LOU PEYTON	15:55:00	*
2	ANN M MOORE	17:43:00	**
2 STARTERS; 18:00 HOUR CUT OFF			
*-COURSE RECORD			
**-AGE GROUP RECORD			

1998 ULTRA TRAIL SERIES/MEN				
	MIDNITE50K	WD40	FA50K	WR50K
RICKY WILLIAMS	59	X	X	
RANDY DAVIDSON	48	X	X	
JOHN RENICK	37	X	X	
JIM SWEATT	31		29	35
RON GIMBLETT	25	X	X	
PETE IRELAND	19		17	29
LLOYD MOORE	13		23	23
MIKE DUPRIEST	9		11	46
KEVIN WELLS	6	X	X	
BILL LASTER	X		57	X
ROBERT ORR	X		46	X
TOM ASPEL	X		35	X
CRAIG ZEDIKER	X	X		57
JIM ORAHOOD	X	X		17
DON WARREN	X	X		11
1998 ULTRA TRAIL SERIES/FEMALE				
DIANNE SWEATT	56	X	X	
ROBERTA ORR	45		54	X
LOU PEYTON	34		26	32
CARRIE DUPRIEST	28		32	43
ANN M MOORE	22	X		26
JANE LEE	16	X	X	
DONNA P DUERR	X		43	X
PAULLETT BROCKINTON		X		54

ULTRA TRAIL SERIES

Holy screwup! Does anybody have the results of the WhiteRock Classic 50K? I wrote down the times and now I can't find them. Before the Wild Hog Double Loop I hope I can contact the RD so that I can finish the points. By the tabulations I have looked at several new people are in the running for the King and Queen this year. Speaking of the UTS#5, 38/40 miles might be too much for a lot of you Ultra runners. It is perfectly acceptable to come and run only one loop as a training run. Hope to see you there. At the present time those of you doing the two loops will be instructed to run one loop clockwise; the second loop in reverse. I will be stationed about midway so that if you have a dropbag, I will be glad to take it.

SYLAMORE TRAIL 50K--FEBRUARY 21, 1996

1	DINK TAYLOR	3:55:29	*
2	DEWAYNE SATTERFIELD	3:55:29	*
3	CRAIG ARMSTRONG	4:09:15	*
4	CRAIG ZEDIKER	4:16:05	
5	ROBERT ORR	4:36:56	
6	BILL LASTER	4:42:07	
7	STUART JOHNSON	5:01:17	
8	TONY GEORGE	5:15:00	
9	RON MCCRAREY	5:22:51	
10	RANDY DAVIDSON	5:27:23	
11	ELLIS JAMES	5:29:19	
12	ROBERTA ORR	5:30:00	**
13	LONNIE VOGAN	5:32:17	
14	JOEL GUYER	5:35:41	
15	JIM SWEATT	5:38:36	
16	JACK MCDEARMAN	5:41:14	
17	KENT DAVIDSON	6:00:43	
18	TOM WEBB	6:02:00	
19	MIKE DUPRIEST	6:03:00	
20	RICK LIND	6:08:00	
21	JENNIFER DEVINE	6:09:11	
22	GEORGE MCDONALD	6:10:05	
23	ANGIE RANSON	6:10:05	
24	LEE HESS	6:14	
25	TERRY BRANDT	6:28:00	
26	BRIE BUTLER	6:30:00	
27	RANDY STEVENSON	6:36:38	
28	JAKE EDGE	6:42	
29	ROGER HALE	6:45:06	
30	JOHN MCCOUL	6:45:06	
31	TIM MCCOUL	6:45:06	
32	HAROLD HAYES	6:51:00	
33	BRENT PETERSON	6:53:00	
34	KIM PAVELKO	6:55:39	
35	DIANNE SEGAR-SWEATT	6:55:40	
36	PAULETTE BROCKINTON	6:55:44	
37	FRANK SHULTE	6:55:44	
38	TERESA LASTER	6:57:40	
39	GAYLE BRADFORD	6:58:00	
40	DUANE GRIGG	6:58:04	
41	JACKIE EDMONDS	6:58:04	
42	DONNA DUERR	6:59:00	
43	KERRI CHRISTOPHER	7:03:00	
44	PAUL CHRISTOPHER	7:03:00	
45	LONNY MITTAG	7:09:21	
46	DIANNA HAGER	7:26:09	
47	TERESA MCCOUL	7:26:14	
48	LOU PEYTON	7:33:15	
49	EMILY HARTMAN	8:30:02	
50	ANN M. MOORE	8:36:38	
51	JANE LEE	8:36:38	
52	BOBBY DAVIDSON	8:42:20	

53	IRENE JOHNSON		6:43:13		
54	TONY JOHNSON		8:43:13		
57 STARTERS					
*-NEW COURSE RECORD. OLD RECORD WAS 4:12:52 IN 1995 BY RAY BAILEY					
**-NEW WOMENS COURSE RECORD. OLD RECORD WAS 5:46:54 IN 1995 BY KIM GOOS					



*Lou Poyton, Kim Pavelko and Ann Moore
cross the Lake Winona spillway midway into
the Arkansas 100 K. Not pictured is Jane Lee.*

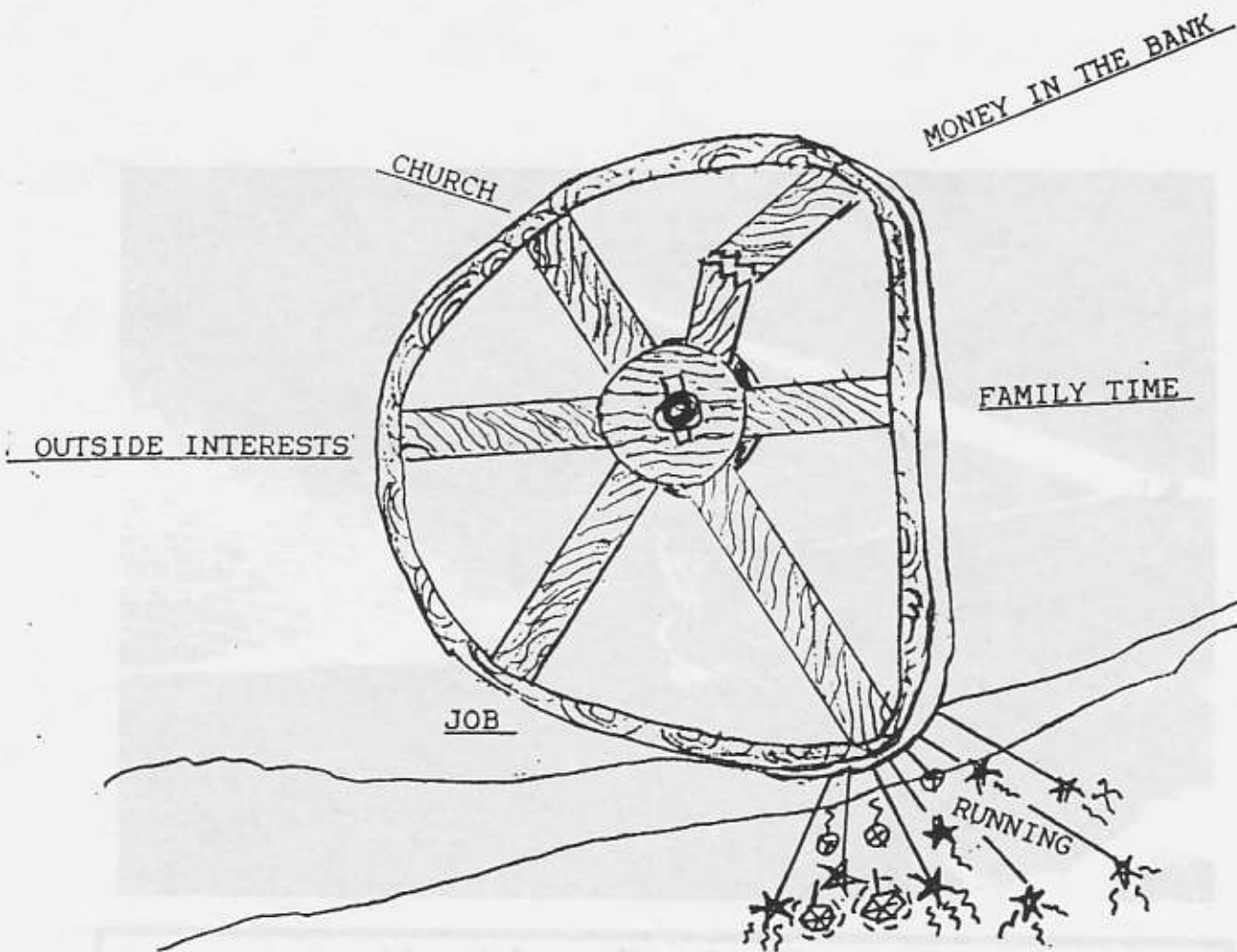
ULTRA CARTOON FROM THE PAST

FEBRUARY 1993

THE INSIDE

by
HARLEY

(a satirical look at Arkansas UltraRunners)



A BUMPY RIDE IS THE ULTRARUNNER'S ROAD