

ARKANSAS ULTRA RUNNER

March 2000

A Newsletter for members of the Arkansas Ultra Running Association

Message From the BigShot-*The AURA and What is it anyway?* Because we seem to have an abundance of new members, maybe it is time to go over just what is the AURA. The first issue was published in February of 1989 and was a brain-child of the Bigshot, a bumbling but mythical, egotist with anal retentive features. 11 copies were sent that first month. Despite the lack luster reception, the following month produced another newsletter. The purpose of the newsletter was to chronicle ultra running in Arkansas and encourage and promote ultra runs in the area. The ultra results and the race calendar are the backbone of the AURA. Sandwiched between these are AURA Horoscope, Ultra Cartoons, Ultra Questions, Jokes and often Runner Profiles. These are meant to give you a chuckle. There are no officers and no meeting within the AURA. You are encouraged to be a member of your local RRCA Running Club and be active in it. The AURA is for everyone. Our present membership is about 90 and is read from coast to coast and Switzerland. For your membership you receive 10 to 12 newsletters a year plus a secret ultra number known only to you and the BS. A worthy goal of an AURA Member is to seek a lower number each year by doing good deeds. With that number comes a membership card which is yours to carry. There are different levels of memberships—(1) Paying members and (2) non-paying members. A paying member is known as a Brother or Sister. Non-paying members are also known as brothers and sisters and the subject is never broached. After all, the goal of the AURA is promote "Ultra Running". Members of the AURA put on the Ultra Trail Series(UTS) and other ultra runs in the State. This includes, but is not limited to, the *Arkansas Traveller 100*, *Athens-BigFork Marathon*, *White Rock Classic*, *Sylamore 50K* and the *Ouachita Trail 50*. All runners whether an AURA member or not are always welcomed at an ultra run. In the UTS a runner is awarded points for his finish place. Please to not confuse points with you Ultra Number. Also, do not confuse the AURA with the AUR(Arkansas Ultra Runners)

This month we celebrate the finish of the Rocky Raccoon Trail 100 by AURA sister, Laura Eakin of Clarksville. I have not been able to track down her time but I heard it was in the 27 hour range. You will probably remember her profile in the November issue of the AURA I hope to have complete results of the Rocky Raccoon next month.

On March 11th, we will have the finale' of the Y2K Ultra Trail Series, the *Widow Maker*, 12 to 15 miles. (Might be 12; feels like 15) Remember to be in the running for the Queen and King of the Trail award, you must have completed three of the six runs.

First call on the *National Trails Day Weekend* at Albert Pike Recreation Area near Langley, Arkansas. 6 to 18 mile fun runs. Plan now for June 3rd, 2000.

Attention Retires and Slackers—In March we do up-scale by dining at Jason's Deli. 301 N. Shackleford. 11:00 a.m. March 14th. Remember-If you get there early, stay outside so we can get a count on what our seating situation will be. In other words, don't go in and hog a table for two when we might have five or six to show.

ULTRA CORNER

Sunmart 50K and 50 Mile

Data taken from the *Arkansas Running* magazine

Below are the names, places and finish times of the Arkansans who completed the 1999 Sunmart 50K and 50 Miler in Huntsville State Park, Huntsville, Texas, on December

50 Miles Results

15	Stan Ferguson	6:52:09*
163	Peter Price	9:50:44
194	Paul Stone	10:20:01
211	Gary Welchman	10:47:14*
242	Lalura Eakin	11:41:30*

(253 Total finishers)

50K Results

162	Morris Miller	5:20:21
273	Dan Scharbor	5:47:55*
377	Lyle Van Arsdale	6:35:02
378	Larry Franklin	6:35:02
417	Don Ulmer	6:54:20
418	Joan Ulmer	6:54:20
422	Rob Roy Magruder	6:55:31*

(571 finishers)

*-AURA Member

Sylamore Trail 50K-February 19th2000

Randy Davidson's Race Director Report

When Dink Taylor called and asked if he could come to Sylamore, that he though he was in pretty good shape, was a total underestimation. Dink shared the previous course record of 3:55:29 with Bad Boy Dewayne Satterfield but wanted it all for himself. On a perfect Saturday morning with cloudy skies and temps in the low 30's Dink totally dominated the course and destroyed the previous record with a time of 3:40:37. This after using an ankle on Thursday and navigating a very rocky, rolling course. The ankle caused some minor problems as he ran, but Dink remained focused and finished almost five minutes below his predicted time at the turnaround station. Arkansas' Foberta Orr won

the women's run with a time of 5:28:18. Roberta and husband Robert were on their way to float on the Buffalo River for the weekend when she ran into another runner and realized that she had forgotten that the run was this weekend.

1.	Dink Taylor	3:40:37
2.	Stan Ferguson	4:20:31
3.	Robert Orr	4:43:54
4.	Stuart Johnson	4:45:48
5.	Ricky Utley	4:48:49
6.	Charles Parmain	4:52:54
7.	Ricky Williams	5:17:11
8.	Roberta Orr	5:28:18
9.	Sean Hudson	5:30:47
10.	Jay Huneycutt	5:32:46
11.	Jeff Diamond	5:53:54
12.	Tim Brennan	5:36:25
13.	Kiersten Schnacke	5:37:48
14.	Jim Sweatt	5:39:44
15.	Clay Dugas	5:42:47
16.	Angie jRansom	5:43:11
17.	George McDonald	5:45:52
18.	Jason Stevens	5:46:07
19.	Dale Johnson	5:49:47
20.	Kim Pavelko	5:50:12
21.	Michael Dupriest	5:50:49
22.	Duane Grigg	5:52:20
23.	Dennis Fugate	5:53:20
24.	Wesley Barchenger	5:54:21
25.	Phil Miller	5:55:41
26.	Micheal Montgomery	5:57:25
27.	John Harrison	6:03:49
28.	Lee Hess	6:07:46
29.	Dan Scharbor	6:11:31
30.	Paul Stone	6:14:21
31.	Ted Bowden	6:14:22
32.	Gary Welchman	6:20:00
33.	Ron Gimblet	6:22:24
34.	Tom Webb	6:28:34
35.	Patty Groth	6:29:23
36.	Dave Noltensmeyer	6:30:06
37.	Amber Mizell	6:32:44
38.	Paul Moran	6:32:45
39.	Pat Patterson	6:34:01
40.	Bob Marston	6:35:18
41.	Randy Stepherson	6:38:45
42.	Paulette Brockinton	6:40:01
43.	Tim Biggs	6:42:06
44.	Carrie Dupriest	6:42:44
45.	Anne Hudson	6:56:34
46.	Timothy Tache'	7:01:12
47.	Lou Peyton	7:09:42
48.	Kathleen Thompson	7:12:00
49.	Hunter Humphreys	7:15:24

50. Tom Worthy	7:20:29
51. Larry Welch	7:22:10
52. Theresa James	7:26:03
53. David Smith	7:30:57
54. Bill Shirk	7:30:58
55. Linda Cox	7:37:36
56. Donna Duerr	8:19:36
57. Gayle Bradford	8:19:36
58. Elaine Gimblet	8:45:34
59. Karen Teague	8:45:43
60. Rosemary Marston	9:30:16
61. Dottie Duncan	9:30:41
62. Jan Shirk	9:30:42

AURA QUESTION OF THE MONTH

Check the correct answer below and you could be a big winner, too.

Question # 1: Identify the most trusted man in Arkansas.....

- a. Kim Hanke()
- b. Elvis()
- c. Jennings Osborne()
- d. Beth Ward()
- e. The Bigshot()

ULTRA TRAIL SERIES

The finale of the Y2K Ultra Trail Series is set for March 11th, 7:00 a.m. at the Ouachita Trail parking lot at Lake Sylvia. The race is the *WIDOW MAKER*. Distance will be between 12 and 15 miles and will feature some of the Ouachita Trail, ravine climbing, forest service roads, primitive logging roads and creek crossings. This will not be the same route that was so despised by the runners who did it last year. Weather permitting I might fire up my pancake skillet for the finish. So ladies, if you have one on the couch, you want to get shut of, send him out to the trail on March 11th. Course will be marked; water as usual will be set out. No Fees; Your reward will be seeing you car again at the finish. Please remember; You must complete three or more of the series races to be eligible for the King and Queen of the Trail Awards.

AURA's MARCH HOROSCOPE—A conflict could arise during your next Ultra that might lead to a romantic resolution. Look and listen closely as the financial advantage is now in your court. Wear your favorite running attire and attract the admiration of someone you least expect. Relax.....let others massage your ego!

White Rock Classic 25/50K—February 5th, 2000

Race Director's Report—Joe Fennel

What a great way to bring in the new millennium and get together for the 7th version of the White Rock Classic. Another great day to tackle the "Hills from Hell" with temperatures in the teens at race time and a cool sunny low 40's all day long. The WRC has become famous for first time virgins of ultras. An opportunity to get a good task of our great sport without getting too much, that is of course, if you only do the 25K. For those brave enough, dumb enough or got a score to settle or point to prove—the whole trip(50K) is the "real deal" when it comes to making you enjoy hills. I've heard folks say "if you can just get to the top, going back should be quicker." Well until jthis year a negative split had never been achieved, but on the perfect day for running, Stan Ferguson ran 3:57:27 to set a new course record. Old record was held by Bill Colfelt-3:59:30. His splits-2:00:35 and 1:58:55 did the trick. Jamie Huneycutt was our first lady runner in 5"14:30 and survived with only three"strawberries and screaming calves" to show for her great run. The race is the top was an all out race but the boys from Magnolia couldn't clam a new record. They had to settle for a great time of 1:54:53. There were kicking each others B-tts. Good friends always bring out the best in each other. First women to the top was Laurie Sturgell, 2:13:00. She ran an incredible race but the hills finally got her at about 13 miles. When the "hills come calling-you usually go to ballin" and I think Laurie got a good taste of those hills. This was her first trip to WRC, but we hope not her last. She was "one Hell of a rabbit" as a male competitor explained. "I chased her all day long and she kick by Butt", until the hills did their part!

Put it on your calendar-White Rock Classic. First Saturday in February every year!!
P.S. Do some hill running before you get here!

Place	Name	Time	Points
1.	Stan Ferguson*	3:58:27	64
2.	Raton Parmain	4:58:47	53
3.	John Jones*	5:04:27	42
4.	Mike Parker(?)	5:06:18	36
5.	Jay Huneycutt	5:14:30	30
6.	Wade Colwell	5:22:00	24
7.	Jamie Huneycutt	5:33:18	59
8.	Jim Sweatt*	5:45:00	18
9.	Angie Ransom*	5:45:10	48
10.	Michael Dupriest*	5:45:56	14
11.	Gary McLendon	5:52:00	11
12.	Kimberly Pavelko	6:10:00	37*
13.	Dan Scharbor*	6:11:00	8
14.	Paul Stone	6:23:51	5
15.	Pete Ireland*	6:33:50	4

16. Paulette Brockenton	6:36:01	31
17. Carrie Dupriest*	6:38	25
18. Patty Groth*	6:39	19
19. Jon Lucas*	6:42	3
20. Lou Peyton*	6:58	13
21. Emily Hartman	7:00	9
22. Joshua Gibbs	7:22	2
23. Ann Moore*	8:11	6

*-AURA Member

WRC-25K Results-Due the problems of reading the finishers handwriting, the AURA editor apologizes for any misspelling of a participants name

1. Neal Andrews	1:54:53
2. Dewayne Defee	1:54:53
3. Allan Reyes	1:57:32
4. Mike Rush	1:58:40
5. Jason Carroll	1:58:55
6. Jonathon Miller	2:05:22
7. Roger Rains	2:05:57
8. Joe Fennel	2:08:06
9. Pat Martin	2:08:06
10. Swift Buzzard	2:09:06
11. Jon Bitler	2:09:16
12. Tad Gloeckler	2:10:00
13. Gary Schular	2:10:03
14. Pablo Lowrey	2:10:57
15. Laurie Sturgell	2:13
16. Steve Lee	2:20
17. Kurt Nelson	2:22
18. Jay Lewis	2:25
19. Mark Oliver	2:26
20. Jaremy Maxwell	2:27
21. Debra Dunn	2:28
22. Chrissy Ferguson	2:30
23. Nick Feddal	2:34
24. Bo Black	2:35
25. Job Branch	2:35
26. Nathan Siria	2:36
27. Karl Naylor	2:35
28. Fred Sylies	2:39
29. Bret Schulla	2:40
30. David Gatschck	2:41
31. Gary McLendon	2:44
32. ?	2:45

33. Ti Thompson	2:48
34. Maurice Smith	2:50
35. Earl Calder	2:56
36. Rick Hodges	2:56
37. Amy McLuland	2:58
38. Carol Earhart	2:59
39. Brigitte Scott	2:59
40. Paaul Stone	3:03
41. Ken Nutt	3:04
42. J. Duncan	3:07
43. Joan Ulmer	3:07
44. Ronnie Adams	3:10
45. Wayne Barenberg	3:11
46. Jim Beach	3:19
47. Tom Forrester	3:20
48. John Furness	3:21
49. John Castillo	3:25
50. Meg Wallace	3:33
51. Charlie Alison	3:34
52. Karen Van Donge	3:38
53. David Collouet	3:41
54. Paul WestBrook	3:51
55. Mike Slay	3:45
56. John Knapp	3:57
57. Henry Osterloh	4:13

AURA Members who completed the 25K

Name	Time	Credits
Joe Fennel	2:08	65
Mark Oliver	2:26	54
Chrissy Ferguson	2:30	51
Tom Worthy	2:59	43
Henry Osterloh	4:13	32
John Knapp	3:57	26

Y2K Ultra Trail Series Standings

	Male	Midnite50k	Mystery	BlowoutMtn/	AthenBigfork/	WRC-TOTAL	
1.	Craig Zediker	63	x	x	x	x	63
2.	Stan Ferguson	52	x	44	52	64	212 ✓
3.	Robert Orr	41	x	x	x	x	41
4.	Greg Eason	35	x	x	x	x	35
5.	Joe Swiger	29	x	x	x	x	29
6.	Geo Mcdonale	23	x	x	x	x	23
7.	Jim Martin	17	x	x	x	x	17
8.	Gary Welchman	13	x	x	x	x	13
9.	Pete Ireland	10	10	21	4	4	49 ✓
10.	Dan Scharbor	7	x	x	x	8	15
11.	Rob Roy McGruder	4	x	x	x	x	4
12.	Lloyd Moore	3	14	x	x	x	17
13.	John Knapp	2	4	x	x	x	6
14.	Ellis James	x	49	x	x	x	49
15.	Harold Hayes	x	49	x	x	x	49
16.	Mike Dupriest	x	49	33	17	14	113 ✓
17.	Jim Sweatt	x	26	27	13.3	18	84.3
18.	Drew Mashburn	x	20	x	x	x	20
19.	Henry Osterloh	x	7	x	x	x	7
20.	Mark Oliver	x	x	55	x	x	55
21.	John Gaston	x	x	x	63	x	63
22.	John Jones	x	x	x	41	42	83
23.	Raton Parmain	x	x	x	35	53	88
24.	Steve Lee	x	x	x	29	x	29
25.	Ricky Utley	x	x	x	23	x	23
26.	Ron Gimblet	x	x	x	13.3	x	13.3
27.	Don Higgins	x	x	x	2.5	x	2.5
28.	Steve Chaney	x	x	x	2.5	x	2.5
29.	Mike Parker	x	x	x	x	42	42
30.	Jay Huneycutt	x	x	x	x	30	30
31.	Wade Calwell	x	x	x	x	24	24
32.	Gary McLendon	x	x	x	x	11	11
33.	Paul Stone	x	x	x	x	5	5
34.	Jon Lucas	x	x	x	x	3	3
35.	Josh Gibbs	x	x	x	x	2	2
36.	Randy Davidson	x	32	x	13.3	x	45.3

2000 Ultra Trail Series/Female

1.	Chrissy Ferguson	60	x	44	x	x	104
2.	Kim Pavelko	49	57	55	53	37	251 ✓
3.	Roberta Orr	35	x	33	x	x	88
4.	Maria Ohm	35	x	x	x	x	35
5.	Robin Booth	26	x	27	x	x	53
6.	Blair Whisenhunt	20	x	x	x	x	20
7.	Lou Peyton	14	17	21	31	13	96 ✓
8.	Laura Eakin	10	x	x	x	x	10
9.	Ann Moore	7	11	x	x	6	24
10.	Jane Lee	4	x	x	x	x	4

11. Carrie Dupriest	x	46	x	42	25	113
12. Dianne Seager	x	35	x	x	x	35
13. Gayle Bradford	c	29	x	x	x	29
14. Donna Duerr	x	23	x	x	x	23
15. Jamie Huneycut	x	x	x	x	59	59
16. Angie Ransom	x	x	x	x	48	48
17. Paulette Brockinton	x	x	x	x	31	31
18. Patty Groth	x	x	x	x	19	19
19. Emily Hartman	x	x	x	x	9	9

IN SEARCH OF THE PERFECT ULTRA FUEL-The Cheeseburger.

Someone suggested "The Box" so "The Box" it was which is located at 1623 Main Street. I knew I would not be disappointed because "The Box" had made the list in The Best of—category in the "Times". And, they say that Governor Clinton used to frequent the Box when he slipped out of the Governor's Mansion. I will say he made a good choice as the Cheeseburgers are made the old fashion way-Greasy. I gave it a good thumb up! I would have given two thumbs if it were not for a minor infraction. I am not a crusader about smoking but since I'm never around smokers I'm not used to the curl of cigarette smoke floating in the air when I'm eating. So, I have to lower one of my thumbs.

ULTRA RACE CALENDAR

A listing of Ultra Runs in Arkansas and Surrounding States.

(Place your refrigerator magnet here)

- Mar 4th, 2000 *Mississippi Trail 50/50K.* Laurel, Mississippi. Contact: Carl and Brooke Touchstone. (228)897-2861 or Steve DeReamer((601)649-3680.
- Mar 18th, 2000 *Cross Timbers 25 and 50 Mile* Lake Texhoma, Texas.
- Mar 25th, 2000 *The Grasslands 50 Miler*(plus shorter distances) Decator, Texas. Contact: Suzi Cope e-mail<4suzi@ibm.net> or <http://www.ntr.org/>
- Apr 1st, 2000 *Ouachita Trail 50/50K* Little Rock, Arkansas.
Contact: Ann M. Moore (501) 225-1143 or E-Mail <RunAnnRun@AOL.com>
- May 6th, 2000 *Strollin' Jim 40.* Wartrace, Tennessee. Contact: GaryCantrell
At one time I had hopes of getting a van load to go to over for the race. Despite my good intensions, I have let the time slip by. We still plan on going and camping about 10 miles from the start. More next month.
- June 3rd, 2000 *National Trails Day Weekend.* 6 to 18 Miles Runs. Albert Pike Campground, Ouachita National Forest. Langley, Arkansas.