

*new is highlighted
on your newsletter,
it is time to reeelist.
See application*

Deer Season in the Lake Sylvia Area
Muzzleloader -Dec 21st thru Jan 5th
Modern Gun-Dec 27th thru Dec 29th

THE ARKANSAS ULTRA RUNNER

January 2003

A Newsletter For Members of the Arkansas Ultra Running Association

HOLIDAY GET-TOGETHER PLANNED FOR DECEMBER 18TH

MESSAGE FROM THE BIGSHOT – With this issue of the AUR, we wrap up the 14th year of non-stop award winning newsletters. Award winning you ask? At the RRCA State Convention in Hot Springs on November 16th, the ARKANSAS ULTRA RUNNER was named as the Club Newsletter of the Year. And FYI, there are 26 RRCA running clubs in the State. Maurice Robinson, President of the Saline County Striders and member in good standing with the AURA was named as the Outstanding Club President. For those of you who were not in attendance for the State Convention and Awards Banquet, the ultra runners arguably ran away with the show. On Friday night, two AURA brothers, Nick Williams and Pete Ireland, were inducted into the Arkansas Roadrunners Hall of Fame. A third ultra runner, Roy Haley from Queen City Texas, was also inducted. Roy is a nine time finisher of the Arkansas Traveller and a two time finisher of ultra running's Grand Slam. The forth inductee was Coreen Frasier who is a member of the Little Rock Roadrunner Club and a mainstay of the Club Flamingo Aid Station at the Arkansas Traveller 100. Chrissy and Stan Ferguson were named as Ultra Runners of the Year. Our AURA sister, Barbara Bellows, earned the Master's award. The presenter for the ultrarunning awards was AURA member and Arkansas Running Klub President, Bob Marston. Bob has written the following paragraph with regards to Arkansas Ultra runners of the Year.

"Chrissy and Stan Ferguson expectedly repeated as Arkansas Ultrarunners of the Year for 2002. This year we saw them again compete exceptionally well in most of the in-state ultras and add to their margin by running very well at many out-of-state races. Great runs in state, coupled with numerous great runs out of state is a hard combo to beat.

Chrissy earned 990 points, three more than last year, and significantly more than her nearest competitor. Her highlight included a sub 20 hour Vermont 100 and her 10th AT 100 in under 24 hours. With 658 points Stan earned 12 fewer than last year but managed an easy win. He gives away a lot of points by directing rather than running the AT100. In spite of that, with a victory at the Ouachita Trail 50 and great finishes at Western States and Wasatch, he easily earned the honor.

In the Masters Category we had two first time winners: Barbara Bellows of Fayetteville and Tom Mayfield. Each ran only three qualifying ultras during the year but they were largely the important in-state races that provide a lot of points. Tom persevered and picked up his points at the Sylamore 50 Km, the Ouachita Trail 50 and the AT100. Barbara run Sunmart, was third at the Ouachita Trail 50 and completed the AT100. Their wins clearly show that a masters's ultra runner need only survive the three, major in-state runs, to be a player for a master's trophy. Add an out of state 100 and you'll be tough to beat."

AURA Holiday Get Together

Wednesday, December 18th, 2002

Bob and Rosemary Marston Home-14801 Wild Oak Lane, Roland, Arkansas.

6:00 p.m. til whatever

Just bring munchies or something. We'll supply the beer, soda, and wine.

Directions: Hwy 10 to Hwy 300. Follow Hwy 300 to Roland. Turn left at the Yield sign and go two blocks. Right turn and go two blocks. At the Stop sign, turn left onto Beale Street, or Roland Cutoff Road. They are the same road. Go two miles on the Roland Cutoff Road to Wild Oak Lane (the first paved left after leaving Roland). Go to the end of Wild Oak Lane then continue straight on gravel into the woods and up the hill. Park where you can find a spot.

25 minutes from the intersection of Hwy 10 and I430.

Questions? Call 868-1072

ULTRA CORNER

ROCKLEDGE RUMBLE RESULTS-NOV 9th, 2002

Grapevine, Texas

1 st Place	Stan Ferguson	4:32:11
12 th place	Chrissy Ferguson	5:24:09

66 starters

Ultracentric 24 and 48 Hour Run-NOV 29th, 2002

Addison, Texas

Kimmy Riley 76 Miles

Olander Park USATF 24 Hour Championship-Sept 14th, 2002

Jamie Huneycutt 106.3 Miles 1st Place in Age Division

Please report your ultra races and times to the Bigshot. Written reports are always appreciated. 501-225-6609 or chrlypytn@aol.com

ULTRA TRAIL SERIES

2003 Rules

1. Age groups are determined by your age at the time of the 2002 Midnight 50k.
2. Every effort will be made to determine your correct age.
3. To be eligible for the King and Queen awards, you must complete four(4) races
4. We will have one "throwaway" race. I.E., if you participate in all of the runs, one of the runs will be "tossed out" of the final standings.
5. In a race that features two ultra distances, either of the races can be used in the UTS.
Example: The Ouachita Trail 50M and 50k.
6. Runners who opt to start early at a UTS run will be penalized.
7. Runners who start late will not be penalized. Runners should keep their running time and add the amount of time that they were late. I.E., if your running time was 3 hours and you were 30 minutes late starting, your total time should be 3:30.
8. Boyz compete against Boyz; girlz compete against girlz.
9. The top 10 finishers are awarded points as follows: 50, 40,30,25,20,15,10,7,5 and 3. All other finishers receive one(1) point.
10. Bonus points awarded are determined by the number of finishers.
11. In case of ties, points are equally shared.
- 12.. UTS age groups(King and Queen of the Trail) are as follows: Open(overall winner); masters(40 to 49); Senior(50 to 59) and Super-Senior(60 plus)
13. First person to complain gets to be in charge.

Gulpha Gorge Challenge/UTS # 3-19 Miles

November 23rd, Hot Springs, Arkansas

Boyz

Girlz

Place	Name	Time	Points	Place	Name	Time	Points
1.	Craig Zediker	2:37:28	64	1.	Roberta Orr	3:09	60
2.	Stan Ferguson	2:39:02	53	2.	Chrissy Ferguson	3:29:51	49
3.	Steve Kirk	2:45:13	42	3.	Kimmy Riley	3:50	38
4.	Nick Avery	3:13	36	4.	Lou Peyton	4:04:25	32
5.	Mike Dupriest	3:18	30	5.	Rhonda Ferguson	4:04:39	26
6.	Harold Hays	3:29:53	24	6.	Dianne Seager	4:18	20

7. Maurice Robinson	3:40:08	18	7. Carrie Dupriest	4:23	12
8. Derik Bentley	3:41:11	14	8. Patty Groth	4:23	12
9. Gary Speas	3:59:07	9.5	9. P. K. Brockinton	4:58	5.5
10. Ernie Peters	3:57:07	9.5	10. Joan Scarlata	4:58	5.5
11. Pete Ireland	4:04:01	5			
12. Larry Mabry	4:16:35	4	29 Starters		
13. Lloyd Moore	4:35:36	3			
14. Steve Eubanks	5:13	2			

The Winona 50Km-Dec 7, 2002*

Wildcat Mountain Trailhead, Ouachita National Forest

Boyz			Girlz				
Place	Name	Time	Pts	Place	Name	Time	Pts.
1.	Craig Zediker	3:52:09	56	1.	Kimmy Riley	5:37	53
2.	Jim Sweatt	5:16:58	45	2.	Patty Groth	5:47	42
3.	Maurice Robinson	5:26:28	34	3.	Lou Peyton	6:17	31
4.	Pete Ireland	5:45:07	28				
5.	Lloyd Moore	6:48:09	22				
6.	John Knapp	7:50:00	16				

*Course record-Johnny Gross, 3:37:50 and Pat O'Dwyer, 5:12:14. Sept 8th, 1990.

Reminder: The RETREADS (retired or tired runners eating out at different place) meet the first Wednesday of every month at Franke's Cafeteria on Rodney Parham Blvd at 11:30 a.m. Remember to wear something with a running logo so we will know who you are. Do you ever wonder what happened to the runners? Come to Franke's and spread the gossip.

AURA RACE CALENDAR

The following is a tentative race calendar that combines the Ultra Trail Series with regional Ultra races. I plan to update it in the coming month. If you have a run that you want listed, let me know: chrlypyun@aol.com

Jan 4th Athens-Big Fork Trail Marathon-UTS#5 Big Fork, Arkansas. Single track, mountainous trail. Also-Blaylock Creek 17 Mile Fun Run. 8:00 a.m. Start. Big Fork Community Center. NO ENTRY FEE HOWEVER IT IS THE CUSTOM TO MAKE A DONATION FOR THE USE OF THE BIGFORK COMMUNITY CENTER. This is voluntary of course. Suggested donation would be \$5.00.

Directions to the Athens-Big Fork Trail Marathon- Hwy 70 west off of I-30 at Benton. Follow Hwy 70 West to Hot Springs and to Glenwood. At Glenwood, turn right on Hwy 8 and go about 32 miles to the small community of Big Fork. The community center is on the right as you arrive. Allow 2.5 hours of driving.

Jan 11th - Bandera 100K, Bandera, Texas. Contact: Joe Pruasitis, 1101Plymouth, Austin, Texas, 78758

Jan 11th Big Dog Ultra Trail Run-4,10,20 and 50Km. Ruston, Louisiana. Jeff Baillie 318-323-2216 or [http:// www.ovrrc.com](http://www.ovrrc.com)

Feb 1st Rocky Raccoon 100 Miler Huntsville, Texas. Mickey Rollins, 198 Country Place, Unit 3A, Pipe Creek, Texas, 78063-5154 Phone 830-535-6492 email micracon@flash.net

Feb 1st White Rock Classic, 25k and 50K-UTS 6. Turner Bend, Arkansas 9:00 a.m. start. No entry fee. Aid station about 5 miles apart.

Feb 15th Sylamore 50K-UTS 7. Allison, Arkansas.
Application attached in this issue of the AURA... Questions?:
SYLAMORETRAIL@EXCITE.COM(preferred) or call 501-868-5555

Mar 1st A-OK 25 and 50Km Atoka, Oklahoma. Mary Ann Miller, 3217 Greenbriar, Plano, Texas 75074.

Mar 1st Mississippi 50Mile, 50K and 20K. Laurel, Mississippi. Application in next issue of the AURA. www.ms50.com

Mar 22th- Grasslands 50 Mile Trail Run. Denton, Texas. Contact: Suzi Cope, 3550 Carmel Court, Southlake, Texas 76092(please not this new date)

Mar 29th OT Tuneup Run-UTS#8. 20 plus miles on the scenic Ouachita Trail. Bob Marston, run leader. Final arrangements are pending. The Big EZ planned for this date, will be rescheduled as a fun run at a later date.

Apr 5th Umstead 100 Mile Endurance Run Raleigh, North Carolina. Blake Norwood, 10908 Raven Rock Drive, Raleigh, North Carolina 27614 Box 15306,

Apr 12th Ouachita Trail 50M and 50KUTS# 9 Applications in this Newsletter when they are available.

May 3rd 25th Strollin' Jim 40 Mile. Wartrace, Tennessee Contact: Rumor has it that this will be the final year of the "Jim".

May The Catsmacker-UTS #10.