

JANUARY 6TH 2007
ATHENS-BIGFORK TRAIL MARATHON
and
BLAYLOCK CREEK 17 MILE
FUN RUN

The ARKANSAS ULTRA RUNNER

January 2007-The Holiday Edition

A Newsletter For Members and Friends Of The Arkansas Ultra Running
 Association

WWW.RUNARKANSAS.COM
 (AURA's Official web site)

Gentle Reader: If your name is highlighted on the address label, it is time to renew your AURA membership. Don't become an AURA Limbo member.

MESSAGE FROM THE BIGSHOT – Shortly after our last newsletter went to press, the Power Room computer suffered a massive, irreparable malfunction. As a result all of the AURA files, documents and programs vanished. In the interim weeks the BS has been attempting to reconstruct the mail list and files that were important to him. In reconstructing the mail list, the BS made some interesting observations. At the present time our monthly mail-out is 150 +/- newsletters. Of these, 30 are for out-of-state members (Tennessee, Oklahoma, Louisiana, Mississippi, Colorado, Virginia, Florida, Utah, California, Missouri, Kansas and Massachusetts). 61 newsletters go to Pulaski County (Little Rock, North Little Rock, Maumelle, Sherwood, etc.) Tennessee and Oklahoma have seven members each; Fayetteville and Northwest Arkansas have the most out of town members, eight. At any one time there are perhaps 25 to 30 AURA brothers and sisters floating in limbo. That is to say that after their enlistment was up, they did not renew. When your renewal date appears, the BS sends you an application in the newsletter. After two, maybe three, notices, one is whacked off the AURA mailing list and you become a limbo member. Limbo members are a revolving element. Most soon realize their vulnerability and return to the fold. Others, not many, strike out on their own. The BS understands this as some might think of the BS as being too strong while others think him too weak. His feelings are not hurt as he understands that it comes with the territory of being a Bigshot.

Perhaps a more sinister motive for the BS to ice AURA brothers and sisters so easily is that by being a *Road Runner Club of America* affiliate running club, the AURA is charged about \$4.50 per member at the end of the running year. Couple that with a monthly newsletter mail-out costing \$1.00 (+/-) each, we would be in financial *do-do* if we carried limbo members on the active roster.



B-TEAM REPORT

The following newsletter articles have been published in years past. Because they would not meet the standards for website eligibility, the BS is offering them upon your request. To receive them in a WORD attachment, email chrlypytn@aol.com and request by name.

1. *Why Race Directors Go Crazy* (AVN)*
2. *The Bigshot's Lament*, How one became a BS. (AVN)
3. *Six Keys For Marginal Runners to Finish The Arkansas Traveller 100.*(AVN)
4. *AURA Etiquette*. What AURA brothers and sisters should say(and act.)(NYAV)**
5. *HOBO, A Tribute To A Running Dog*. (NYAV)
6. *The Arkansas Traveller Trilogy*. A Story of Redemption, Romance and Reconciliation at the Arkansas Traveller 100. (NYAV)

* Available Now---

** Not Yet Available

2006/2007 ULTRA TRAIL SERIES

7-22-06	1. Midnight 50 Km	2-3-07	8. White Rock Clasis 50 Km
8-26-06	2. Mt Nebo Trail Run	2-17-07	9. Sylamore Trail 50Km
10-7-06	3. Arkansas Traveller 100	2-24-07	10. Big Rock Mystery Run
10-28-06	4. Devil's Den Trail Run	3-16/18-07	11. 3DaysofSyllamo
11-11-06	5. Gulpha Gorge Challenge	4-21-07	12. Ouachita Trail 50/50
12-9-06	6. Buffalo River Trail Run	5-? -07	13. The Catsmacker
1-6-07	7. Anthens-Big Fork Trail Marathon	6-2-07	14. National Trails Day Run

UTS # 7---Anthens-Big Fork Trail Marathon And The Blaylock Creek 17 Mile Fun Run

8:00 A.M., January 6th, 2007, Big Fork Community Center,
Big Fork, Arkansas.

Directions: From I-30/Little Rock go thru Benton to the Hot Springs turn-off, Hwy 70. Follow Hwy 70 West to Hot Springs then turning south or left near the airport. Continue on Hwy 70 West to Glenwood. At Glenwood turn right(west) onto Hwy 8. Follow Hwy 8 about 32 miles to the community of Big Fork. The Community Center is on the right as you enter the city limits.

No entry fee. You are encouraged to make a donation to the Community Center as they will have coffee, cookies and a warm fire. \$5.00 is suggested.

Out and back, rugged, mountainous course. 5 aid station for the marathon; 3 for the 17 Mile Fun Run.

"Toughest Marathon East of the Rockies"

18th EDITION; Number 10

The AURA – *He built his house by the side of the road and became a friend to man.*

Founded 1989; RRCA sanctified in 2001

Buffalo River Trail Run—UTS # 6

December 9, 2006

Ponca, Arkansas

1. DARBY BENSON	3:15	18. DENNIS RATHKE	4:45
2. TOM BRENNAN	3:19:42	19. DIANE DIEBOLD	4:45
3. BILL MAZE	3:20:10	20. SCOTT ROGERS	4:56
4. STAN FERGUSON	3:33:28	21. JAMIE GOLLEHER	5:00
5. MATT CLAY	3:45	22. MIKE PARKER	5:02
6. PODOG VOGLER	3:58	23. STEVE HOBBS	5:04:19
7. TARARA ZAGUSTIN	4:00	24. JIM SWEATT	5:07
8. BILY SIMPSON	4:01	25. DAVID REAGLER	5:07
9. MIKE FERRELL	4:12:44	26. EUNIKE ROGERS	5:08
10. JOHN BRADLEY	4:15	27. MAGDELENA FONT	5:14
11. CHISOM DUPREE	4:15:08	28. ERIN ACKMAN	5:25
12. KYLE BALDWIN	4:21:16	29. TED BOWDEN	5:33
13. DARIN HOOVER	4:21:15	30. KEVIN BENNAH	-----
14. MIKE HEALD	4:22:10	31. LOU PEYTON	6:52*
15. JOHN MUIR	4:23:06	32. MONA MIZELL	7:11
16. STEVE KIRK	4:31	33. PETE IRELAND	7:11
17. SUSY PHILLIPS	4:40		

* ---Early Starter

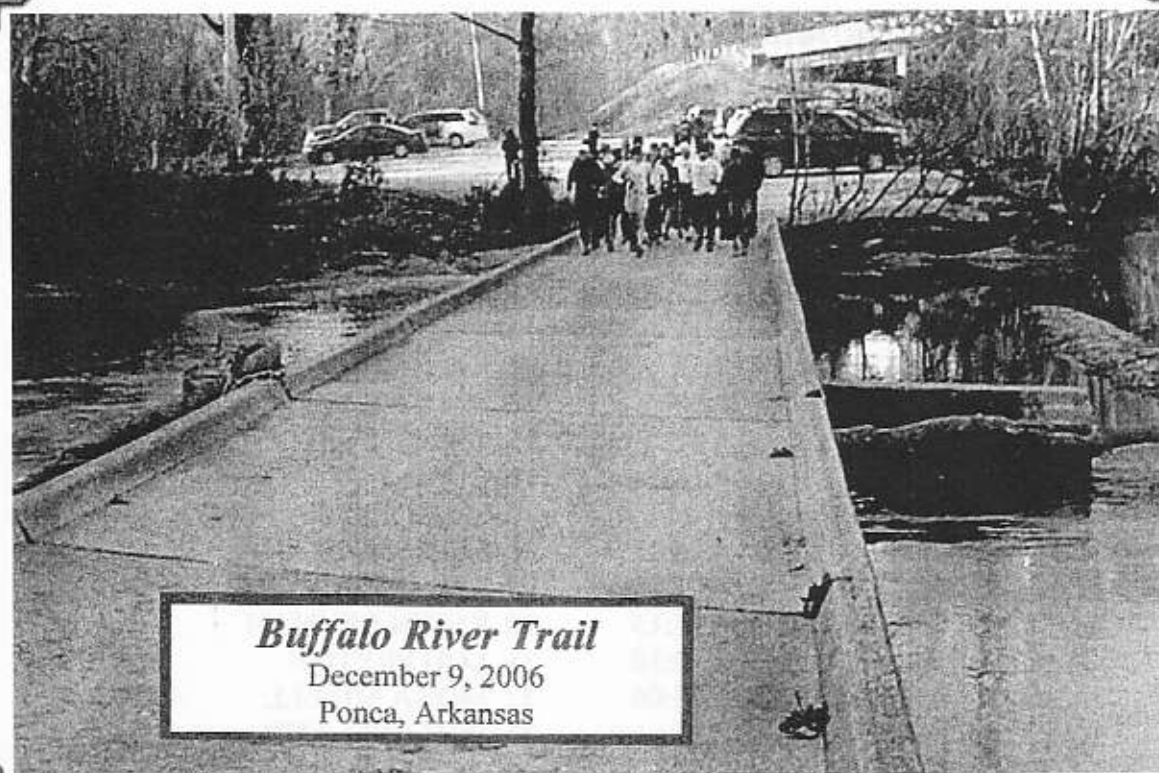


Buffalo River Trail Run Leader, Darin Hoover, gives pre-race instructions at the Ponca low water bridge.

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Buffalo River Trail
 December 9, 2006
 Ponca, Arkansas

2007

January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
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28	29	30	31			

February

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25	26	27	28			

March

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April

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29	30					

May

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June

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24	25	26	27	28	29	30

July

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29	30	31				

August

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25	26	27	28	29	30	31

September

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23	24	25	26	27	28	29
30						

October

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21	22	23	24	25	26	27
28	29	30	31			

November

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18	19	20	21	22	23	24
25	26	27	28	29	30	

December

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23	24	25	26	27	28	29
30	31					

2007 Regional Ultra Calendar

- Jan 13, 2007 **Bandara 100 Km and 50 Km** Bandara, Texas
[www. Tejastrails.com/Bandara.html](http://www.Tejastrails.com/Bandara.html)
- Jan 14, 2007 **Swamp Stomper 50Km** Memphis, Tennessee
www.runthetrails.com
- Jan 29, 2007 **Mountain Mist Trails 50 Km** Huntsville, Alabama
[www.. huntsvilletrackclub.org](http://www.huntsvilletrackclub.org)
- Feb 3, 2007 **Rocky Raccoon 100 Mile/50 Mile** Huntsville, Texas
www. Tejastrails.com/Rocky.html
- *Feb 17, 2007 **Sylamore Trails 50Km and 25Km** Allison, Arkansas
www. Runarkansas.com
- Mar 10, 2007 **Mississippi Trail 50 Mi, 50 Km and 20 Km** Laurel, Mississippi
www.ms50.com
- Mar 10, 2007 **Waco Five-0** Waco, Texas www.runnerone.com
- *Mar 16/18, 2007 **3 Days of Syllamo.** Allison, Arkansas.
www.3daysofsyllamo.org
- Mar 24, 2007 **The Grasslands 50 Mile Run** Decatur, Texas www.nttr.org
- Mar 31, 2007 **Umstead 100 Miler** Raleigh, North Carolina.
www.Umstead100.org
- Jun 2, 2007 **Umstead 100 Miler, 100 Km and 38 Miler.** La Grange, Wisconsin.
www.kettle100.com

* - Entries limited. Don't delay entering.



AURA brother, Jay Huneycutt holds up a White Rock Classic T-shirt denoting the emphasis at the 2007 WRC is the "50 Km"

The Bigshot and the Coach Doctor

(An AURA Cartoon)

CD, Instead of decorating my Tree with Christmas ornaments, I used my 5k, 3rd place, age group Medallions instead. What do you THINK??

BIGSHOT!
I think you need to make an appointment At the office ASAP!!!



AURA YEAR END HOROSCOPE(Generic)

Your Ultra Fantasies might be fulfilled in 2007. In the New Year, you will test positive for *AURA*. When you run well, all around you will run well. Your best run could be your next one. Never forget that it is easier to move in than to move out!

Confidential to AURA #170 - Nothing would please the Big\$hot more than for you to finish the 2007 Arkansas Traveller 100. How can we make it happen?

RETREADS! (*Retired Runners Eating Out*) **Meet monthly at Franke's Cafeteria on Rodney Parham at 11:30 a.m., the first Wednesday of every month. Wear something to identify yourself as a runner. Old newspaper clippings and scrap books are always a treat.**

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