

THE ARKANSAS ULTRA RUNNER

May 2012

The Newsletter For Members of the
Arkansas Ultra Running Association

AURA Website -

www.runarkansas.com

AURA Forum/Message Board -

www.arkrrca.com

Message from AURA President - Stan Ferguson

Back in the Saddle

Greetings fellow Ultra Folk! Is it Spring, or is it Summer already? We seem to be going back and forth. There have been some very nice days and mornings recently, and then there have been a few where I've already left sweat puddles after a run. Yes, that's right, after what seems like many months of rehab (--NOT the Amy Winehouse kind of rehab), I have tentatively rejoined the world of the running. A mere 230 days since my previous marathon or ultra, I successfully completed 50K at Ouachita Trail a couple of weeks ago and apparently my Achilles agreed to let me get away with it. Unlike my only other event appearance during that span, I would actually say that I "ran" this time. It was nothing news-breaking, but I was definitely pleased as to how things went after just two months and 143 miles of training logged in preparation. This was my thirteenth Ouachita Trail run. I had other thoughts about which event to do but the "race director" denied my entry in the 50-mile, so for the first time I was able to relish making the turn at Northshore. I'm sure this was not nearly as dumb as it would have been to do the 50 miles, but I must admit there was a bit of a "sting" to it.

Rosemary Rogers was doing a write-up on her Ouachita Trail 50 experience for the ARK newsletter and asked me for a bit of information on the race. There were a few items of interest that she reported, but with me being a slow thinker—it was afterwards before several other tidbits came to mind. One thing that stood out to me from when Chrissy and I first got involved

with the race was some of the early participation stats. In particular, back in 1992—long before there was a 50K option, there were 91 runners who started the race, with 70 finishing. That's not a fabulous finishing percentage, but still easily ranks as the highest number of 50-mile finishers throughout the 22 years the race has been held. I suppose with far fewer options for ultra races back in those days, that folks really wanted to take advantage and get a finish when the opportunity was there.

The quandary of the 50Km vs. 50 Mile is another issue that I've always found intriguing. Especially with new folks who are unfamiliar with the course, a lot of runners sign up for the 50-miler but then drop down to the 50K after being surprised by the rocky and somewhat punishing trail. The more seasoned folks know that the terrain gets much more gentle and suitable for easy running west of Northshore. So those who decide that they don't want 19 more miles of rocks and undulating trail fail to realize that they are already experiencing the worst part. --Well, unless it's a bad horsefly year ☺. Of course, the downside is that 50 milers who have enjoyed the mostly good flat running section get a rude reintroduction to the rocky stuff with 14 miles to go. What a way to screw up a good buzz.

Other entices for the 50 mile option are the joyous sites to see and experiences to have on the section between Lundsford Corner (Northshore's official name) and Highway 10. Take for instance, the sawdust pile. It's not quite one of the seven wonders of the world, but it really is a HUGE sawdust pile. And old-timers will remember the coffin and tombstone near the Highway 113 crossing. While the coffin is now gone, the tombstone has been moved to the other side of the trail and is still there if you know where to look. Another remnant of the significant logging activity in the area from long ago, the trail actually utilizes a good deal of railroad bed. It's more evident in some places than others, but the elevated portions are very obvious. I could also go into the beauty of the "swamp"—between the Highway 113 crossings, but I think you really just have to experience that to fully appreciate it. Actually, this has been cleared out in recent years, and it's much easier to find ones' way through. But still—it's always a pleasure. Hopefully this sells everyone on the merits of the OT 50 miler, and next year we will smash the record for number of finishers! Seriously, overall it was a fabulous year for the race, and we really appreciate all those who volunteered to make it go so smoothly. You're awesome!

RAAT

Many of you are probably aware that AURA Brother Mike Samuelson has been spending much time lately planning the Run-Forrest-experience-of-a-lifetime for trail dogs: Run Across America on Trail. The route is set and the journey is scheduled to start on May 30th. He has a blog set up so folks can follow along, and he has been chronicling his activities in preparation for the adventure:

<http://runacrossamericaontrail.blogspot.com/>

I am looking forward to following this.

That's it for now. Run Happy.

Stan

Mount Magazine Trail Run
8:00am - Saturday, May 12, 2012
Mount Magazine, Paris AR

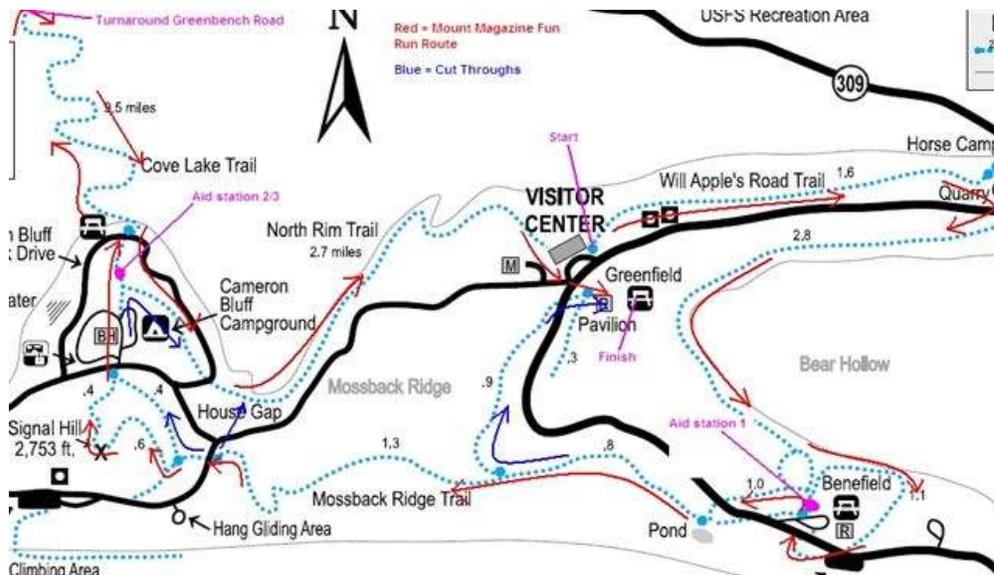
Race #12 of the 2011 - 2012 AURA Ultra Trail Series

Magazine is home to magnificent bluffs which make for breathtaking scenery, provide spectacular views, and make it popular for hang gliders and climbers alike. Magazine also offers numerous trails for hiking atop the mountain and into the valley below. It's now time to enjoy those trails as runners.

Come join us for the 2nd Mount Magazine Fun Run. We'll start just north of the visitor center (see map below), and hit almost every trail in the park, along with a portion of the Cove Lake Trail. The run will be approximately 18 miles, with a trip to the base of the mountain, via the Cove Lake Trail, and back to the top.

For those wishing to participate but not able to do 18 miles, there will be "bail-out" options.

This is a fun run and there are no entry fees or advance applications required. However, please contact [PT](#) if you intend to run--so we know how many runners to prepare for. Food will be provided after the run. Please carpool if possible, as this will help with parking.



Directions:

Mount Magazine State Park is located on Scenic Highway 309 approximately 17 miles south of Paris; or from Danville, travel nine miles west on Highway 10 to Havana, then go 10 miles north on Scenic Highway 309. Please arrive early enough to check in at Greenfield Pavilion – across the highway from the visitor center.

Many thanks to Mt Magazine State Park, and the Forest Service (Mt Magazine RD) for helping to make this possible.

For lodging and camping information at Magazine go to

<http://www.mountmagazinestatepark.com/>

For more information on the race please contact [PT](#)

What's next??

The Catsmacker Run

Saturday, June 2, 6:30 A.M.
From the Lake Winona Park
Distance: 22 mi. (+/-)
There will be SHORTER options
for Wimpy Kittens.

It's like...an ultraunning "sampler platter"...

Features:

- A short section of Ouachita Trail
- Forest roads and 4-wheeler trails
- A "popular" segment of the Arkansas Traveller 100 course
- A surprise???

To get there: From Williams Junction (intersection of Highways 10 and 9, 30 miles west of Little Rock on Hwy 10): Go south on Hwy 9 for 5.7 miles. Turn Right onto Lake Winona Road. Follow Lake Winona Rd for 4 mTo get there: From Williams Junction (intersection of Highways 10 and iles to intersection with FSR 114 (Right) and FSR 778 (Straight). (If you go by the spillway, you've gone too far.) Go Right, up the hill, and turn Left into the park.

AURA meeting and UTS awards following run

Race Report

A week after the OT50M/K AURA brother Michael Harmon made the trip up to Willard, Mo to participate in the Frisco Railroad Run. Here is an account of his trip.

What do you do with six runners looking for a race? Put them in Mom's van and head to Springfield, Missouri, for the Frisco Trail 50 Mile, 50K, Marathon, Half Marathon and 8K Race! On Friday, April 27, Josh Drake, Michael Harmon, Chris Ho, Tina Ho, Leah Thorvilson, and Jonathan Young piled into the FSV and headed to Springfield for the Frisco Trails races. With this group, food comes first. Whenever traveling north on Highway 65, a stop at Leslie, Arkansas, is a requirement. The stop? Serenity Farms Bakery. A small, red building on the side of the road is where some of the best bread in the state can be found. It's all-natural, gluten-free and pre-digested. Pre-digested? You'll have to stop and ask the clerk and he'll give you a fifteen minute lecture about the bread. But a trip to the Serenity Farms outlet store is not the only thing about Leslie. There's more. In downtown Leslie is the actual bakery where the bread is baked in a wood-fired oven. If you hit the bakery at the right time, you may find some of the best pizza in the state. We timed it just right.

Oh, the race. We arrived in Springfield and went to Willard Middle School, the starting point for the Frisco races. Packet pick-up was just that. A packet pick-up. No frills. Here's your shirt, here's your chip, see ya tomorrow.

By this time it's time to eat again so off to Houlihan's we go. Why isn't there a Houlihan's in the Little Rock area? Amazing dinner. Go if you see one near a race you are running.

Back to the race. The Arkansas delegation included Arkansas' Marathon Maniac poster-children, Arland and Annette Blanton. Other Arkansans who showed up were Stacey Shaver-Matson, Cliff Ferren, Lia Mayfield, Steve Hughes, Annette Blanton, Mark Cato, Arland Blanton, Andi Stracener, Jared Friemel, and Lisa Vorwerk. And then it was race time!

All races were run on out-and-back courses with the 50K, 50M, Marathon starting at 7:30 a.m., the Half Marathon at 8:00 and the 8K starting at 8:15 a.m. 36 50M runners, 34 50K runners, and 106 Marathon runners toed the line at 7:30 on a muggy, Saturday morning and the race was on! The course for the race was the old Frisco Railroad line which had been converted from rails to trails. The first 2.5 miles of the course was on asphalt similar to the Little Rock River Trail. At the 2.5 mile mark, the course became fine, crushed gravel, which was very forgiving to the feet. The trail was described as scenic, but I'm not sure what was so scenic about the course. There were several dead animals and lots of horse poop. I guess that could be considered scenic to some. At least two turtles and one snake, which caused a bit of a get-up-and-go, were seen. The course traversed through tree-shaded trail sections with an occasional run through wide-open fields. The race had aid stations every 2.5 miles until the marathon turn-around and then every 5 miles thereafter for the 50K and 50M runners. Available at every aid station was water, gatorade, pretzels and gummy bears.

Results from the runners listed include: Results from the runners listed include:

50 Mile Race: Leah Thorvilson, First Place, 6:00:31; Stacey Shaver-Matson, 9:19:14; Cliff Ferren, 9:32:19; Jonathan Young, 10:52:33; Andi Stracener, 11:57:46; Lisa Vorwerk, 12:09:29; and, Arland Blanton, 12:11:28.

50K Race: Lia Mayfield, 5:19:33; Steve Hughes, 5:38:00; Annette Blanton, 8:05:00, and Mark Cato, 8:05:04.

Marathon: Chris Ho, 3:56:33; Tina Ho, 4:38:28; Michael Harmon, 5:23:12; Josh Drake 5:33:03; Jared Friemel, 5:45:29.

The post-race celebration was apparently at Houlihan's Saturday night. It was that good. On Sunday morning, the place to eat in Springfield is at Bass Pro Shop. Bass Pro Shop?! Isn't that where you get hunting and fishing gear? Well, yes, but it's the headquarters for Bass Pro Shop and there is an amazing restaurant located in the Bass Pro Complex called Hemingway's. The brunch was exactly what was needed. If in Springfield on a Sunday, Hemingway's is highly recommended. Yes, I've spent a lot of time talking about food, but that's the main reason I run. Special notes: Leah Thorvilson's time was the women's 4th fastest 50 Mile run in the United States. Dayum! Jared Friemel qualified for Marathon Maniacs.

And now for the commentary. If you haven't run a trail race outside Arkansas, you really do not know how well we have it here with the AURA group. The packet pick-up (remember no frills?) people were given registration printouts dated April 19. Several people registered after April 19 and weren't on the official registration list. The aid stations did not have port-a-potties even though it was advertised they would be available. (I know it's a trail run but the trail runs right beside a highway. Pee shy and poop shy!) The port-a-potties showed up after I made the turn at the marathon turn-around. The aid stations ran out of water and gatorade for some of the 50K and 50M runners. Several aid stations were abandoned after the marathon runners turned around but they did leave pretzels and gummy bears in cups on the tables. That's nice but ants and bugs love free food, too, so just pick the ants and bugs from the cups and keep going. The potential for cheating at the race (not that anyone would do that!) was high. Though runners were given chips, there was nobody keeping track of runners along the way and there were no mats at any point other than the start/finish. There was no way for the race director or organizers to know whether all the racers had finished or whether a racer was passed out at Mile 35. With the heat and humidity, it didn't seem as if the race director or organizers really even cared.

After running the OT50K the week before, I cannot say enough about how well the AURA races are run, how well-stocked the aid stations are, and how great the organizers are to have check-in points at the aid stations.

News from Big Shot!

Hoof It For Heifer Race Report – Charley Peyton (A brief critique of the event.)

It has been so long since I had been to Petit Jean Mountain State Park; I had forgotten how far away it was and how to get there. So Lou and I were up at 2:45 am and left for Morrilton at 4:00 a.m. At 5:30 a.m. we were in the parking lot waiting for the Race director and volunteers to set up.

The Race is a fund raiser for the *HeiferInternational* and organized by Wanda Eason, a Heifer Project volunteer. Wanda and husband Joe, have assisted me at the Arkansas Traveller for the last five or so years. Lou was registered and I went up as a bystander but quickly found some duty helping AURA sister Kim Fischer, who had the first aid station.

Petit Jean Mountain is a beautiful place to visit with lots of trails. The race used the Boy Scout Trail and parts of the Seven Hollow Trail. There were two aid stations on the 20k route and there was no shortage of enthused volunteers. In my opinion all the bases were covers with regards to the runner's safety and comfort. In other words, there was plenty of food and drink at the aid stations and also at the finish. No one went hungry.

I believe that sometimes we think that 50k, 50 Milers and beyond are the only trail distances to consider. In my opinion there is a niche for shorter trail runs especially those *Runner Friendly* and close by.

Hoof it For Heifer 20K Trail Race

Petit Jean Mountain State Park

April 14th, 2012

Top Five Male

Top Five Female

1. Shane Poland	1:51:34	5. Candance Fletcher	2:20:18
2. Andrew Carberry	2:05:14	8. Leslie Brahm	2:21:26
3. Dustin Speer	2:19:07	12. Deborah Lashley	2:30:11
4. Brant Bishop	2:19:29	13. Terri Johnson	2:32:25
6. Gary McBride	2:20:57	15. Tina Ho	2:47:14

AURA Members Place and Time

10. Ken Barton	2:27:50
17. Steve Giles	2:53:55
20. Lisa Vorwerk	3:56:49
21. Shirley Hyman	3:04:40
41. Dottie Rea	3:57:45
42. Lou Peyton	4:01:45
46. Ann M. Moore	5:03:11
47. Bob McKinney	5:20:10
48. Rosemary Rogers	5:20:10

48 finishers

Long time runner in Little Rock, Steve Garrett, sent BS some info on "ActiveList" a new website he has developed to promote as best as I can describe it, "a way to get in touch with people of similar outdoor interest."

NEW WEB SITE FOR ACTIVE LIFESTYLES STARTS IN LITTLE ROCK

There's a new free web site in central Arkansas called *ActiveList!* available at the address **www.activelist.org**. If you've visited one of Little Rock's running, cycling, or outdoor shops in the last few weeks you probably saw flyer.

ActiveList! has a catchy symbol – an empty green sofa – and a slogan to go with it: Get Off The Couch. The site's creator, Steve Garrett, a local Little Rock resident and long time runner, said of the couch and slogan, "*ActiveList!* makes it easy for folks to find all kinds of activities, everything from Adventure Racing to Disc Golf to Yoga. Anything and everything that helps people get off the couch and get moving. In some respects, it's a bit like a craigslist but for fitness activities."

The site lists all kinds of activities for all kinds of people – young, old, very fit, not so very fit. The site can be freely used by the public to find activities by category (there are nearly one hundred), date, day of the week, location, or description. Membership is also free and enables members to list one time and recurring events, training routines, workouts, and fun fitness activities.

ActiveList! launched in March and there are already dozens of activities listed. Our favorite activity on the site is hang gliding at Mount Nebo. There are some brave souls in Arkansas. Members don't receive unsolicited e-mails, and there are hardly any ads on the site. "This isn't a get rich quick scheme," said Garrett. "It's not even a get rich slow scheme. It's a get off your hind end and get going scheme."

From the Editor

The OT50 was very special this year for me since my running of the OT50K marks the end of my days of doing ultra races. It was a glorious day to run and participate in such a wonderful event. Nick Lewis of Memphis won The 50 Miler for the second year in a row and setting the course record for a second time as well. Not to be out done Emily Ansick of Alabama was the first female setting a course record also. Matt Pruitt of Tennessee blazed to a course record in the 50K, with Sephanie Spurgat being the first female. Check out the links below for some great reports on the OT50 this year.

<http://www.arkansasoutside.com/ouachita-trail-50-2012/>

<http://endurancebuzz.com/2012/04/25/ouachita-trail-50-2012-results/>

Below are the results from the 2012 OT and followed by the UTS

Ouachita Trail 50

April 21, 2012
Little Rock, Arkansas

50 Mile

Place	Name	Sex	Age	State	Time
1	Nick Lewis	M	26	TN	7:06:04
2	Raymond Brintle	M	44	TX	7:43:24
3	Feb Boswell	M	36	TN	7:44:52
4	Jake Anderson	M	30	TX	8:25:48
5	Podog Vogler	M	45	AR	8:33:54
6	Jacob Gautreaux	M	39	TX	8:49:28
7	Emily Ansick	F	27	AL	8:49:48
8	Jimmy Kuhn	M	52	AL	9:05:26
9	Matt Koppenheffer	M	30	NV	9:11:41
10	Chas Kabanuck	M	28	MS	9:23:22
11	Paul Schoenlaub	M	52	MO	9:27:25
12	Matt Walker	M	38	AR	9:29:54
13	Greg Gearhart	M	55	MS	9:42:07
14	Brian Cockrell	M	35	LA	9:54:34
15	Tim Norwood	M	32	AR	10:07:38
16	Troy Potter	M	48	TX	10:08:32
17	Jonathan Miller	M	23	AR	10:09:15
18	Jay Donosky	M	42	MO	10:11:41
19	David Murphy	M	39	MO	10:21:15
20	Bruce Tanksley	M	52	TN	10:32:56
21	Reid Landes	M	41	AR	10:32:57
22	Chad Yocum	M	37	AR	10:39:31
23	Mark DenHerder	M	47	AR	10:43:20
24	George Peterka	M	52	AR	10:44:41
25	Deb Baker	F	49	AR	10:45:58
26	Gerardo Ramirez	M	39	TX	10:49:41
27	Matt Bishop	M	30	MO	10:49:49
28	Rich Brown	M	50	AR	10:59:53
29	Joshua Bornhorst	M	37	AR	11:04:15
30	Emily Conley	F	40	TN	11:13:55
31	Von Ralls	M	36	MS	11:27:13
32	Robert Ham	M	43	TX	11:27:25
33	John Goble	M	41	MO	11:33:14
34	Brian Hill	M	38	TX	11:38:50
35	Eric Steele	M	46	KS	11:45:34
36	Charles Hurst	M	54	TN	11:51:36
37	Nate Smith	M	47	AR	11:58:39
38	Sarah Miller	F	21	MS	12:03:18
39	Eunsup Kim	M	59	TX	12:09:11
40	Terry Ball	M	45	AR	12:20:45
41	Jon Tilp	M	54	AR	12:21:42
42	Kent Heck	M	50	TX	12:29:56
43	Tammy Walther	F	40	AR	12:37:14
44	Chase Holeman	M	22	AR	12:47:37
45	Bernita Lovelace	F	57	AR	12:47:54
46	Rene Villalobos	M	53	TX	12:47:56
47	Sammy Barnes	M	55	AR	12:52:24

50 Km

Place	Name	Sex	Age	State	Time
1	Matt Pruitt	M	28	TN	4:10:54
2	Charley Hogue	M	36	MO	4:21:28
3	Thomas Chapin	M	34	AR	4:25:47
4	Owen Bradley	M	32	AL	4:52:48
5	Kyle McWilliams	M	26	AR	4:53:33
6	Tom Brennan	M	40	OK	5:04:46
7	Billy Simpson	M	57	TN	5:07:28
8	David Joseph	M	20	AR	5:14:35
9	Rob Seibert	M	41	AR	5:15:53
10	Michael Thomas	M	24	AR	5:23:30
11	Jack Carey	M	29	LA	5:26:06
12	Vincent Rossmeyer	M	30	LA	5:26:06
13	Harry Camp	M	54	TN	5:32:44
14	Stephanie Spurgat	F	25	TN	5:32:55
15	Daniel J Shaffer	M	29	TN	5:32:56
16	Farris DeBoard	M	31	TN	5:33:34
17	Stan Ferguson	M	48	AR	5:35:53
18	Calvin Hill	M	41	TN	5:38:59
19	Creed Piel	M	29	AR	5:48:12
20	Jessica Soroka	F	33	AR	5:50:42
21	Jimmie Blair	M	47	NY	5:51:09
22	Ben Mansur	M	40	AR	5:51:42
23	Natalie McBee	F	38	AR	5:51:51
24	Michael Maguire	M	36	LA	6:03:01
25	David Hanenburg	M	38	TX	6:03:55
26	Robert Williamson	M	45	AR	6:03:55
27	Adrian Hall	M	37	TN	6:06:49
28	Les Jones	M	53	TN	6:07:39
29	Ben Shaw	M	39	TN	6:08:47
30	Bill Luton	M	56	TN	6:10:57
31	Scott Huddleston	M	46	TN	6:10:58
32	Kiran Hanumaiah	M	35	TN	6:11:21
33	Katie Helms	F	34	AR	6:11:53
34	Matthew Jackson	M	34	AR	6:13:27
35	Gregory Davis	M	35	AR	6:15:58
36	Scott Irwin	M	47	TN	6:21:47
37	Stephanie Stewart	F	32	AR	6:22:03
38	Jenny Brod	F	31	AR	6:25:03
39	Stacey Shaver	F	40	AR	6:27:58
40	Cliff Ferron	M	56	AR	6:28:58
41	Kathy Wilson	F	38	AR	6:29:00
42	John Kelly	M	45	AR	6:29:57
43	Chris Phillips	M	33	TN	6:30:07
44	Jason Auer	M	29	AR	6:35:47
45	Gary Kowalski	M	49	MS	6:37:20
46	Erik Heller	M	31	AR	6:39:53
47	Beth Collins	F	39	TX	6:42:07
48	John Phillips	M	47	AR	6:46:50
49	David Stroud	M	32	TX	6:49:37
50	Scott Malone	M	44	TX	6:50:07
51	Carrie Tracy	F	38	TX	6:50:07
52	Dan Tracy	M	41	TX	6:50:08
53	Paul Provaznik	M	52	AR	6:52:19
54	Chuck Parks	M	38	TN	6:52:56
55	Amber Ragland	F	31	TN	6:58:18
56	Brody Granger	M	33	TN	6:58:30
57	Scott Rogers	M	47	TN	7:05:37
58	Ying Malady	F	42	TN	7:06:57

59	Jen Freilino	F	28	AR	7:08:09
60	James Norris	M	62	AR	7:10:31
61	Salli Scott Young	F	39	TN	7:11:03
62	Chuka Bible	M	49	TN	7:11:23
63	Eunika Rogers	F	41	TN	7:12:58
64	Melinda Krueger	F	46	TX	7:16:43
65	Harold Hays	M	53	AR	7:19:58
66	Laura Earley	F	32	AR	7:22:45
67	Jordan Willis	M	21	LA	7:24:43
68	William Miller	M	53	MS	7:24:43
69	Amy Raygood	F	42	MS	7:29:57
70	Carla Branch	F	60	AR	7:34:00
71	Brenda Bonner	F	51	AR	7:34:00
72	Randy West	M	55	AL	7:35:27
73	Jim Sweatt	M	56	AR	7:35:49
74	Mack Varner	M	67	MS	7:36:15
75	Justin Wilkinson	M	20	TX	7:41:33
76	Kier O'Neil	M	43	AR	7:42:57
77	Shane Naugher	M	40	MO	7:47:37
78	Mark Hirsh	M	35	MA	7:48:03
79	Dennis Baas	M	65	AR	7:48:27
80	Steven Preston	M	29	AR	7:51:03
81	Polly Choate	F	40	OK	7:52:43
82	David McLean	M	40	TN	7:54:00
83	Phil Brown	M	45	AR	8:00:04
84	Kimmy Riley	F	51	AR	8:04:47
85	Jared Friemel	M	26	AR	8:06:07
86	Jesse Garrett	M	28	AR	8:06:07
87	Jonathan Young	M	30	AR	8:06:07
88	Chris Lee	M	35	LA	8:09:02
89	Nofal Musfy	M	70	TX	8:14:52
90	Abdel Fustok	M	71	TX	8:17:45
91	Amy Martin	F	38	TN	8:19:34
92	Emon Mahony	M	30	AR	8:21:57
93	Don Preston	M	57	AR	8:24:31
94	Paul Becker	M	52	AR	8:24:50
95	Regina Dennis	F	40	AR	8:25:21
96	Angie Smith	F	41	AR	8:25:21
97	Melissa Martin	F	47	AR	8:25:47
98	Joshua Drake	M	43	AR	8:27:50
99	Johnny Eagles	M	60	AR	8:27:57
100	Michael Harmon	M	45	AR	8:30:49
101	Frank (Jim) Ingalls	M	67	TX	8:33:37
102	David Caillouet	M	53	AR	8:33:37
103	John Greenhaw	M	31	TX	8:35:15
104	Bob Rayburn	M	57	CO	8:45:38
105	Patty Groth	F	56	AR	8:53:15
106	Pete Ireland	M	71	AR	8:53:15
107	Julie Suelzer	F	36	LA	8:55:30
108	R. Janel Vigil	F	37	TX	9:01:21
109	Lynn Woolley	F	46	AR	9:05:13
110	Lisa Gunnoe	F	46	AR	9:19:18
111	Cindy Schoenlaub	F	51	MO	9:27:29
112	Samantha White	F	35	TX	9:31:04
113	Andi Stracner	F	39	AR	9:35:48
114	Mark Cato	M	44	AR	9:35:58
115	Susan McCourt	F	35	AR	9:36:03
116	Elaine Gimblet	F	64	AR	9:36:10
117	Dottis Rea	F	59	AR	9:50:31
118	Larry Sharp	M	62	AR	9:53:31

119	Jeffrey Vieyra	M	65	CA	10:05:20
120	Elizabeth Quinn	F	26	AR	10:28:27
121	Tom Zaloudek	M	58	AR	10:30:41
122	Ron Gimblet	M	64	AR	10:30:41
123	Rose Rogers	F	64	AR	11:18:32
124	Bob McKinney	M	69	AR	11:18:33
125	Lindsay Serrano	F	26	TX	11:19:59
126	Jana Berryman	F	48	CO	11:47:45
127	Eugene Bruckert	M	76	IL	11:47:45

! - denotes new course record

Other Distance (50K minus Promacke Mountain Loop)
Ann Moore F 71 AR 9:45:00

191 starters (for combined events)

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2011-2012 Ultra Trail Series StandingsOpen - Master - Senior - SuperSenior - UTS MilesUTS Race Schedule**Open Division****Women**

Rank	Name	mOOn	Nebo	Bartlett	AT	Styx	BDea	LOV	ABF	WR	BR	OT	Total
1	Deb Baker	46	47		86	42	34	43	42	39.5	51.5	57	488
2	Katie Helms		58			53	45	54	53	56	51.5	57	427.5
3	Stacey Shaver-Matson	32		52			56			39.5		35	214.5
4	Jenny Brod	32			102					28		46	208
5	Lisa Vorwerk		30			31	16	32	31	16	29		185
6	Karen Martin	57		51									108
7	Chrissy Ferguson		36							22	35		93
8	Lisa Gunnoe	11		41							11	29	92
9	Karen Hayes	17	24				22	26					89
10	Elaine Gimblet		12								17	23	52
11	Jamie Huneycutt	23					28						51
12	Tala Hill		18								23		41
13	Dottie Rea											17	17
14	Elizabeth Quinn											11	11
15	Ann Moore		8										8

Men

Rank	Name	mOOn	Nebo	Bartlett	AT	Styx	BDea	LOV	ABF	WR	BR	OT	Total
1	David Joseph	41	40		79	59	59	60	30	58	51	60	537
2	Mark DenHerder	52	57		55	37	48	32	52.5	41.5	62	32	469
3	PoDog Vogler	63	68	51	109	48		38		41.5		49	467.5
4	George Peterka	13	9	52	46	9	31	26		24	34	26	270
5	Joshua Brown		18		66	19	25		24	30	28		210
6	Steven Preston	29	34	52	38		13	14				26	206
7	Cliff Ferren		8		26		19	20	18	18	40	38	187
8	Jake Anderson							49	36			60	145
9	Paul Schoenlaub				93							38	131
10	Paul Turner		46			31			52.5				129.5
11	Don Preston			41			9	10		12	16	20	108
12	Johnny Eagles			41	32						6	10	89
13	Alan Hunnicutt	23	7			13	37						80
14	Stan Ferguson		28									49	77
15	Jason Auer		22									32	54
16	Patrick Barker	7	6					7	12	8			40
17	Bill Coffelt		15			25							40
18	James Holland	35											35
19	Joshua Drake								8		12	14	34
20	Matt Kirkpatrick	17	12										29
21	Rodney DeClue										22		22
22	Patrick Riley	10	4			6							20
23	Pete Ireland	4	3				6				2	4	19

24	Michael Harmon		2					4			3	7	16
25	Joe Milligan		5								9		14
26	Herb Jarrell	3											3
27	Greg Bourns	2											2

Master Division

Women

Rank	Name	mOOn	Nebo	Bartlett	AT	Styx	BDea	LOV	ABF	WR	BR	OT	Total
1	Deb Baker	54	57		101	52	54	53	52	53	56	53	585
2	Lisa Vorwerk		35			41	26	42	41	31	34		250
3	Lisa Gunnoe	26		51							16	53	146
4	Chrissy Ferguson		46							42	45		133
5	Karen Hayes	32	29				32	31					124
6	Jamie Huneycutt	43					43						86
7	Elaine Gimblet		17								22	42	81
8	Tala Hill		23								28		51
9	Dottie Rea											31	31
10	Ann Moore		11										11

Men

Rank	Name	mOOn	Nebo	Bartlett	AT	Styx	BDea	LOV	ABF	WR	BR	OT	Total
1	Mark DenHerder	48	52		76	46	56	46	49.5	50.5	60	35	519
2	PoDog Vogler	59	63	51	106	57		57		50.5		57	500.5
3	George Peterka	31	23	52	63	17	34	35		34	38	29	356
4	Cliff Ferren		17		43		28	29	33	28	49	46	273
5	Don Preston			51			22	23		22	26	35	179
6	Paul Schoenlaub				90							46	136
7	Johnny Eagles			41	52						10	23	126
8	Paul Turner		41			35			49.5				125.5
9	Alan Hunnicutt	37	13			23	45						118
10	Stan Ferguson		35									57	92
11	Patrick Barker	19	10					17	27	16			89
12	Joshua Drake								21		20	29	70
13	Bill Coffelt		29			29							58
14	Pete Ireland	13	3				16				4	11	47
15	Patrick Riley	25	4			11							40
16	Michael Harmon		2					11			7	17	37
17	Rodney DeClue										32		32
18	Joe Milligan		7								14		21
19	Herb Jarrell	9											9
20	Greg Bourns	6											6

Senior Division

Women

Rank	Name	mOOn	Nebo	Bartlett	AT	Styx	BDea	LOV	ABF	WR	BR	OT	Total
1	Karen Hayes	41	44				41	51					177
2	Chrissy Ferguson		55							51	53		159
3	Elaine Gimblet		27								31	52	110

4	Jamie Huneycutt	52					52							104
5	Tala Hill		33									42		75
6	Dottie Rea												41	41
7	Ann Moore		21											21

Men

Rank	Name	mOOOn	Nebo	Bartlett	AT	Styx	BDea	LOV	ABF	WR	BR	OT	Total
1	George Peterka	45	46	52	88	32	44	53		53	45	43	501
2	Cliff Ferren		35		61		33	42	51	42	56	54	374
3	Don Preston			51			27	31		31	34	43	217
4	Alan Hunnicutt	56	29			43	55						183
5	Johnny Eagles			41	74						22	32	169
6	Paul Schoenlaub				104							54	158
7	Bill Coffelt		57			54							111
8	Pete Ireland	28	11				21				16	26	102
9	Patrick Riley	34	17			26							77
10	Joe Milligan		23								28		51
11	Herb Jarrell	22											22
12	Greg Bourns	16											16

Super Senior Division**Women**

Rank	Name	mOOOn	Nebo	Bartlett	AT	Styx	BDea	LOV	ABF	WR	BR	OT	Total
1	Elaine Gimblet		52								51	51	154
2	Ann Moore		41										41

Men

Rank	Name	mOOOn	Nebo	Bartlett	AT	Styx	BDea	LOV	ABF	WR	BR	OT	Total
1	Pete Ireland	43	31				51				41	51	217
2	Patrick Riley	54	42			51							147
3	Joe Milligan		53								52		105
4	Herb Jarrell	32											32
5	Greg Bourns	26											26

If you suspect errors in these standings, please reference the [UTS Rules](#) and individual [race results](#). If you still think there is an error, contact the [AURA Ultra Trail Series coordinator](#).

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24th Edition; Number Five
The AURA – *Don't Stop the Feeling!*



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